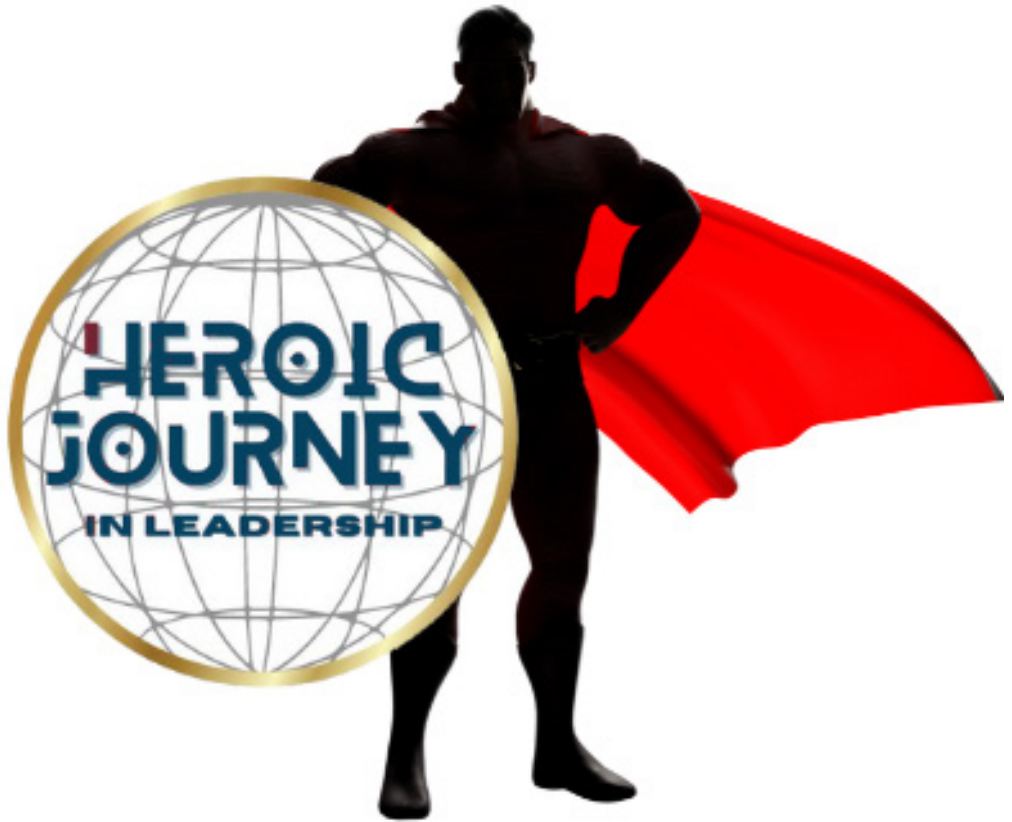


DISTRICT 7 TOASTMASTERS ANNUAL CONFERENCE



**MAY 17 - 18, 2024
DOUBLE TREE BY HILTON HOTEL
PORTLAND**

Welcome back!

For the first time since the COVID-19 Pandemic, we are hosting our District conference IN PERSON!

We have learned much over the past few years about hosting online events, participating remotely, the value of personal interactions, and face-to-face discussions.

Many of you have expressed a desire to return to in-person conferences. It is now a reality.

Enjoy the conference in a truly interactive way.

Jim Robison, DTM
District Director

Dave Bones, DTM
Program Quality Director

Dr. Gwendolyn Avington, DTM
Club Growth Director

**Friday, May 17, 2024
District 7 Annual Council Meeting**

**Online
7:00 PM -
9:00 PM**

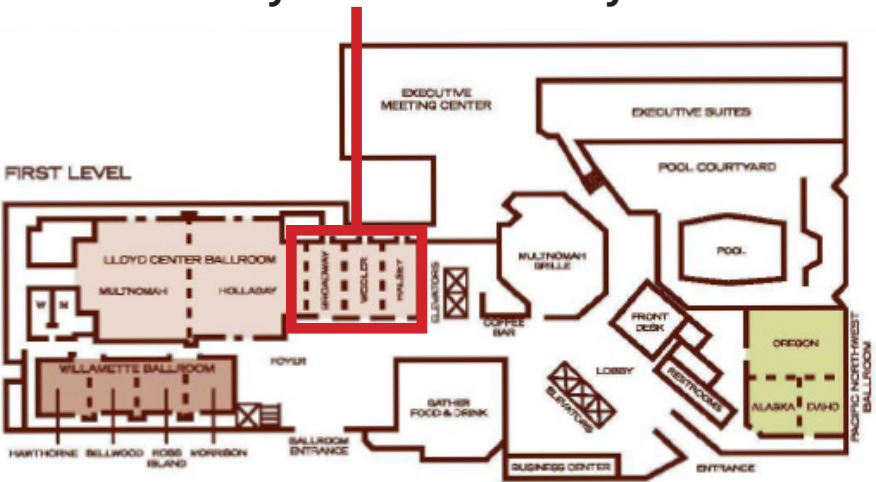
**Elections of 2024-25 District Director,
Program Quality Director, Club Growth
Director, and Division Directors.**

Adoption of District Realignment

Other reports and updates

Adjourn

**Conference Location
Broadway / Weidler / Halsey Rooms**



**Saturday, May 18, 2024
Conference and Speech Contests**

8:00 AM - 8:30 AM	Doors Open - Registration
8:30 AM - 9:15 AM	Breakfast / Social
9:15 AM - 10:15 AM	Keynote - Randy Harvey, DTM, 2004 World Champion of Public Speaking
10:15 AM - 10:30 AM	Break
10:30 AM - 11:15 AM	Jeff Spitzer, <i>Political Pitfalls of Public Speaking</i>
11:15 AM - 11:45 AM	Open Q & A with Randy Harvey, DTM
11:45 AM - 12:45 PM	Lunch / Social / Recognition
12:45 PM - 2:00 PM	Table Topics Contest
2:00 PM - 2:15 PM	Break
2:15 PM - 3:00 PM	Donna Stark, DTM, <i>Funny You Should Say That</i>
3:00 PM - 3:30 PM	Snacks and Break
3:30 PM - 5:15 PM	D7 International Speech Contest
5:15 PM - 5:30 PM	Closing Announcements and Adjourn

ABOUT THE KEYNOTE

Randy J. Harvey displays the wit and captivating sayings of Ben Franklin one minute, and the awe shucks style of Garrison Keiler the next. He is at home in the courtroom, classroom or in front of a conference audience. He is a world class speaker and a world class speaking coach.

In his conference keynotes it is not uncommon for listeners to have tears streaming down their cheeks one moment and tears of laughter flowing the next. He teaches his protégés to master their message and present it to audiences in a manner that captures their attention. With such homespun and honest humor, it's no wonder Randy connects with his audiences and leaves them with messages they remember for a lifetime. He has trained world champions of public speaking, politicians, and lawyers to speak effectively.

Randy has been a student of speaking for over forty years. For the last fifteen years Randy has wowed audiences talking from his heart about real issues that face people every day and has trained others to master their speaking voice. His keynotes, leadership development, and motivational speeches are known for their ability to inspire audiences. He has practiced law since 2008, starting the practice of law after 30 years in education. He has brought his speaking skills to the courtroom as a trial lawyer in state, federal and administrative courtrooms.

As the 2004 World Champion of Public Speaking and a high-demand public speaking coach and author, you know you're getting the complete package – experience, education, and entertainment – when working with Randy.

The Heroic Journey in Leadership

Randy Harvey, DTM, WCPS



The heroic journey in leadership is not at all what you think! It's not even what other's think! Heroic leadership is simply the accomplishments of ordinary folk.

It occurs outside the limelight—its strength is forged in the dark recesses of your persistent labor, the triumphal determination of our spirit.

Immortal beings exist in the lives and hearts of the people they inspire—don't you dare settle for greatness, be immortal!

10:30 - 11:15 AM



Political Pitfalls of Public Speaking

JEFF SPITZER, MS1

Whether you are speaking at your Toastmasters club, place of worship, Rotary club, or even your child's school, it's quite easy to say something that will be off-putting to someone in the audience. A skeptical audience is likely to tune you out and be uninspired by your message. While you may not be able to please everyone all the time, there are some ways to help ensure your message will reach as many audience members as possible. Whether you intend to motivate them to take action, or just share a relatable story, this session will help you craft your message for the best possible reception.

In this session you will learn how to:

- Tune in a skeptical audience
- Craft a message for best possible reception
- Talk to any kind of audience

ABOUT THE SPEAKER

Jeff Spitzer joined Tell Me a Story Toastmasters in 2019. He holds the title of 2022 District 7 Toastmasters International Speech Champion. Jeff is a life and health coach. Together with his wife Liz, he operates Head Heart Health, a training and coaching business. Jeff is also the Oregon Coordinator for Braver Angels, an organization dedicated to depolarizing America, and bringing people together on politically charged topics.

Q & A with Randy

RANDY HARVEY, DTM, WCPS



11:15 - 11:45 AM

Join Randy and ask that question you are eager to have him answer. Your questions could include topics such as:

- Writing speeches
- Using quotes
- Gestures
- Gettysburg Address analysis and why it is so effective in just 2 and one-half minutes
- SCREAM as an acronym to help create messages that matter
- Any other speech topic you have questions about

2:15 - 3:00 PM



FUNNY YOU SHOULD SAY THAT

DONNA STARK, DTM, PDD

In this session you will learn the Who, What, When, Where, Why, and How of adding levity to your next presentation. If your humor muscle needs to “hit the gym” this session is for you.

In this session you will learn how to

- Add levity to your presentations
- Connect your funny muscle to your funny bone
- Find the funny in every situation

ABOUT THE SPEAKER

Donna Stark has been a member of Toastmasters for 20 years, has earned the Distinguished Toastmaster (DTM) award, and served as District Director from 2017-2018.

CONFERENCE COMMITTEE

Dave Bones, DTM: Program Quality Director
Conference Chair: Bob Hall, DTM
Contest Chair: Kathleen Tully, DTM
Chief Judge: Erik Bergman, DTM
Chief Judge Advisor / Support: Patrick Tuohy, DTM
Audio Visual Engineer / Setup: Patrick Locke, DTM
Publicity: Fred Bergeron, DTM, District 7 PRM
Program / Graphic Design: Phyllis Harmon, DTM
Credentials Chair: Jerry Kleffner, DTM
Zoom Lead: Greg Hawkins, MS5, PM3, EH2
Conference Advisor: Leanna Lindquist, DTM
District Director, Jim Robison, DTM
Club Growth Director, Dr. Gwendolyn Avington, DTM

12:45 - 2:00 PM



Table Topics® Contest

Judge's Guide and Ballot

JUDGING ITEMS		SUGGESTED POINT VALUES				1	2	3	4	5	6	7	8	9	10
		E X C E L L E N T	V E R Y G O O D	G O O D	F A I R										
Speech Development Opening, Body, Close, Organization, Smoothness	C O N T E N T S S	30	23-29	17-22	0-16										
Effectiveness Logic, Directness, Enthusiasm Achievement of Purpose, Audience Response		25	18-24	11-17	0-10										
Physical Appearance, Body Language, Speaking Area	D E L I V E R Y S O	15	11-14	6-10	0-5										
Voice Flexibility, Volume		15	11-14	6-10	0-5										
Appropriateness To Speech Purpose And Audience	L A N G U A G E S	10	8-9	6-7	0-5										
Correctness Grammar, Pronunciation, Word Selection		5	4	3	2										
TOTAL SCORE (100 Points Possible)															

(Detach and submit to counters)

Judge's Official Ballot – Table Topics® Contest

NOTE: Votes must be cast for first, second and third place or the ballot will be voided.

Name of Contestant _____

First Place: _____

Second Place: Not an official judges ballot

Third Place: _____

PLACE **RANKING POINTS**
(for counters' use only)

First Place 3 points

Second Place 2 points

Third Place 1 point

(Signature of Judge)

(Judge's Name, Please Print)



Kathleen Tully, DTM
Contest Chair



International Speech Contest

Judge's Guide and Ballot

3:30 - 5:15 PM

JUDGING ITEMS		SUGGESTED POINT VALUES				1	2	3	4	5	6	7	8	9	10	
		EXCELLENT	VERY GOOD	GOOD	FAIR											
Speech Development Structure, Organization, Support Material	CONTENT 50	15	11-14	6-10	0-5											
Effectiveness Clear purpose, Achievement of Purpose, Relevance		10	7-9	4-6	0-3											
Speech Value Ideas, Logic, Original Thought		25	17-24	9-16	0-8											
Physical Appearance, Body Language, Speaking Area	DELIVERY 30	10	7-9	4-6	0-3											
Voice Flexibility, Volume		10	7-9	4-6	0-3											
Manner Directness, Assurance, Enthusiasm		10	7-9	4-6	0-3											
Appropriateness To Speech Purpose, and Audience	LANGUAGE 20	10	7-9	4-6	0-3											
Correctness Grammar, Pronunciation, Word Selection		10	7-9	4-6	0-3											
TOTAL SCORE (100 Points Possible)																

(Detach and submit to chief judge)

Judge's Official Ballot – International Speech Contest

Write contestants' names in the space below. Counters will assign points.

First Place (receives three points): _____

Second Place (receives two points): _____

Third Place (receives one point): _____

NOTE: Votes must be cast for first, second and third place or the ballot will be voided.

Not an official judges ballot

(Signature of Judge)

(Judge's Name, Please Print)

Erik Bergman, DTM
Chief Judge



Toastmasters Leadership Institute

June 7 - 8, 2024

ONLINE



SAVE THE
DATE



**Upload your conference pictures
and videos here**

