

Toastmasters Pathways:

New Level 1 Overview and Projects (as of 10/27/21)

courtesy of District 7, Dave Bones, DTM

Level 1

Ice Breaker

This foundational project is designed to help you write and deliver your first Toastmasters speech or the first speech in your new path.

Writing a Speech with Purpose

This foundational project is designed to help you write effective, concise speeches with purpose.

Introduction to Vocal Variety and Body Language

This foundational project is designed to help you learn the basics of presenting with engaging vocal variety and compelling body language.

Evaluation and Feedback

This foundational project is designed to introduce the Toastmasters evaluation process. You will learn about giving, receiving, and applying feedback.



PROJECT DESCRIPTION

Ice Breaker

Purpose: The purpose of this project is to introduce yourself to the club and learn the basic structure of a public speech.

Overview: Write and deliver a speech about any topic to introduce yourself to the club. Your speech may be humorous, informational, or any other style that appeals to you.

This project includes:

- ▶ A 4- to 6-minute speech

PROJECT DESCRIPTION

Writing a Speech with Purpose

Purpose: The purpose of this project is to learn or review basic methods for writing a speech with a defined purpose and to present a well-organized speech on any topic.

Overview: Select a topic that appeals to you. It can be anything. Be sure your topic is narrow enough to be an effective 5- to 7-minute speech.

Clearly define your topic and consider your goal for your speech. Before you organize your speech, identify and express your purpose in a single sentence. Practice your speech and refine its organization. Present your speech at a club meeting.

This project includes:

- ▶ Defining a general purpose and a specific purpose.
- ▶ Topic and Purpose Worksheet
- ▶ The Speech Outline Worksheet
- ▶ A 5- to 7-minute speech

Below are tasks you will need to complete for this project. Please remember, your project is unique to you. You may alter the following list to incorporate any other tasks necessary for your project.



PROJECT DESCRIPTION

Introduction to Vocal Variety and Body Language

Purpose: The purpose of this project is to practice using vocal variety or body language to enhance a speech.

Overview: Learn or review the importance of vocal variety and body language. Present a 5- to 7-minute speech on any topic at a club meeting. The primary focus of the evaluation is your vocal variety or your body language and gestures. You will identify the skills you are working on for your evaluator before you deliver your speech and be evaluated on those skills. Your speech can be persuasive, humorous, informational, or crafted in any style that appeals to you and supports your speech content.

This project includes:

- ▶ A 5- to 7-minute speech

PROJECT DESCRIPTION

Evaluation and Feedback

Purpose: The purpose of this project is to practice applying feedback and serve as a speech evaluator during a club meeting.

Overview: This project includes **two** 5- to 7-minute speeches. Choose any topic for your first Evaluation and Feedback speech. After your speech, carefully review the feedback you received from your evaluator.

At a future club meeting, present your second Evaluation and Feedback speech. You may create a new speech, revise your first Evaluation and Feedback speech, or present your first Evaluation and Feedback speech again if you are focusing on feedback you received on how you delivered your first Evaluation and Feedback speech.

Your second speech should reflect some or all of the feedback you received after your first Evaluation and Feedback speech.

Finally, after you have completed both speeches, serve as an evaluator at a club meeting and deliver constructive feedback about another member's presentation.

This project includes:

- ▶ **Speech one:** A 5- to 7-minute speech on any topic
- ▶ **Speech two:** A 5- to 7-minute speech on any topic, that incorporating at least some of the feedback received from speech one. This may be the same speech as speech one, a revision of that speech, or an entirely new speech depending on feedback and your goals.
- ▶ **Speech Evaluator:** Serve as a speech evaluator