

Voices!

*One Community
Many Voices*

District 7 Toastmasters
March 2015



THE SPEAKERS PARADOX

**Audacious Orators:
Setting the Example**

**Nominations
Committee Report**

The Goal Post is Just Over the Horizon

Phyllis Harmon, DTM—District Governor



Do you see them? The goalposts? They are there at the bottom of the hill just ahead.

Each Toastmasters year we set ourselves growth challenges, whether it's completing another manual or two, or simply taking on a leadership role. Whatever your goals, think about where you stand today. Are you as far along as you wanted to be? If so, congratulations, high fives, and atta boys are in order. Now's the time to keep up your pace and finish strong! If you haven't gotten as far as you wanted, why not? What caused you to get distracted? Can you get back on course? If your original goals were set aside for more emergent challenges, there is always next year! Remember that you are still further ahead than when you started! Carry on— the year's not over. You might surprise yourself yet!

In addition to your personal goals, what about your club's goals? Is your club on track to be Distinguished? If not, what do you collectively need to do to get there? There is still time to complete 5 goals and increase membership. In my experience, the clubs that focus on giving members opportunities to complete their goals and who participate in District events are more successful at attracting and keeping members than those who just go through the motions. Which causes me to talk about the Distinguished Club Program (DCP). We have several clubs in the District who initially chose not to participate in the DCP and then changed their minds. Today those clubs are stronger, have more energy, more members, and a new lease on life. For clubs who have been Distinguished or better for several years, congratulations! I urge you constantly keep your focus on achieving your goals. I belong to three President's Distinguished clubs. One of the driving forces behind their achievements are the executive teams. Each month they review their progress and make mid-course adjustments as needed. Members are kept apprised of their club's progress, and everyone works together to make sure that their club goals are accomplished. The VP Education in each club works with the members to make sure that their needs are met. Takeaway? When member needs are met, clubs thrive.

Next week, we enter the last quarter of the year. As we stand at the starting line of the downhill run, the goalposts are before us. Do you see them yet? Are you ready to meet me in the winners circle? Well, let's get going and finish the race together.

A handwritten signature in black ink that reads "Phyllis Harmon". The signature is stylized and written in a cursive-like font.

IN THIS ISSUE...

5

The Speakers Paradox

Learn Randy Harvey's #1 Rule which inspires the world to listen



18

Audacious Orators Toastmasters: Setting the Example

25

Nominating Committee Report

Review the 2015-16 candidates
nominated for District office



Articles

11

From the LGET

14

District Honor Role

17

Almost Distinguished...

19

Showcasing Success...

22

Outstanding Member
Award—Who Will Be the
Recipient

26

Around the District ...

12

From the LGM

16

Distinguished Club
Program

18

Audacious Orators:
Setting the Example

21

Road Trip...

24

Nominating Committee
Report

35

April Calendar

TOASTMASTERS
INTERNATIONAL

Voices! is produced by members of District 7 Toastmasters

Cover Story...

THE SPEAKER'S PARADOX

Randy J. Harvey, PhD, JD

2004 World Champion of Public Speaking



Former president John F. Kennedy said of Winston Churchill, "He mobilized the English language and sent it into battle." Both Kennedy and Churchill understood the power of words to turn the course of human history, first their history and then the history of the world. Words are powerful tools inspiring both conversion and revolution, changing the human heart and the history of the world.

The power of a speaker does not come from the multitude of their words, the length of their speech or the depth of their knowledge. A speaker's power comes from their personal conviction, faith in the guiding elements of life. Not any life, the speaker's life. We observe the lives of great speakers of the past, because at the conclusion of their lives we can weigh the quality of their words to change the world they occupied. We

**You will never become a great speaker by writing your speeches;
However,
You will never become a great speaker without writing your speeches;
Therein is the paradox.**

© 2005 Randy J. Harvey

see in the words of Lincoln at Gettysburg, a two-and-one-half minute speech that has inspired hearts for the last 160 years, and we ask why? The answer lies in the life of Lincoln as a student of himself, his beliefs and his desire to communicate his most strongly held beliefs to his audience in words they will remember. Simply stated, his words are a reflection of his soul. They capture who he was, what he was about and where he learned them. Three questions that every aspiring speaker and leader should take the time to answer for themselves. Those three questions are addressed at length in my book: *Public Speaking 101: Messages that Matter*. (Available on [Amazon](#))

In this brief article I want to discuss with you the number one rule I follow and the single speech development skill I learned years ago as an aspiring speaker that propelled my speaking ability light-years ahead of where it began.

The Rule

The rule is simple: “If you speak from your heart, the world will listen!” People may not always agree with what you say or the facts leading to your conclusions, but they cannot deny what you are saying comes from your heart. When the human heart speaks, the world listens. The voices and messages of your heart exist already in your mind and heart, though you may not readily be aware of them. Choose something in your life that you do regularly, perhaps religiously. Then ask yourself, “Why?” Do you have a personal rule that you apply to the activity?

Let me give you an example, *“I always take my wife’s call, even when I am in a meeting.”*

Why? *“She is the most important human being in my life!”*



If I would interrupt a meeting to take a call from the President, why should I give my wife any less respect? Growing up, I watched my father respond to my mom and when I asked him about it, he said to me, “It is your mother and me against the world.” That bit of wisdom from my father illustrates the three questions I listed above:

Who are you? (Philosophy) I have adopted my father’s wisdom as a philosophy that guides my life. Which answers the question who am I in relation to my spouse.

What are you about? (Core value) The rule I live by is simple: If she calls I will answer. I given a number of speeches in my careers as a teacher, administrator, human resources director, and now lawyer, on the core value or theme, If she/he calls me I will come.

Where did you learn that? Obviously I learned the core value, If she calls me I will come, from my father. I can tell a dozen stories illustrating moments when mom called and dad answered, or left things he was doing to answer her needs.

For any aspiring speakers understanding the power of the three questions to identify your overarching philosophy, your core values, and the people and events that taught them to you, provides you with a wealth of speaking topics and stories to illustrate them. The sad truth though is 99.9% of the population never take a moment to reflect on these questions, never ask themselves if they are living a life worthy of their

philosophy, core values and the people who have invested in their lives. Your heart has a wealth of speaking material for you to use. You simply have to take the time to dig it out, put it on paper and master its telling. As a side note, when I began digging through my past for the source of my life's philosophy and my core values, I was rewarded with a myriad of places, names of people, and events that shaped my life. Often places, people and events I had forgotten: forgotten to visit; forgotten to thank or appreciate; and, forgotten to commemorate. Remembering is rewarding, even though it is sometimes painful because it teaches you that you are a survivor, people cared enough to invest in you, and how many milestones you have already passed.

When Lincoln stood at Gettysburg, his heart was open, and his words revisited who he was, what he was about, and where and from who the lessons were mastered. You have the same reservoir of important messages in you: dig them out.

The Skill

"Do you write out your speeches?" I have been asked that question on five continents, maybe even six. To write or not to write? The answer is found in the "Speaker's Paradox:" Before you ever started reading or writing the English language you were speaking it. In fact you were understanding it before you even spoke it, babies understand "no." *If only politicians would learn the word.* When you started school you learned a second version of English: formal English. The language of writing and reading. But it probably didn't take you long to learn the language you spoke and the language you wrote and read, weren't exactly the same.

In fact oral language and formal language are different. They can both be expressed in written form but we use the oral form more than ninety-percent of the time. Research demonstrates that

When Lincoln stood at Gettysburg, his heart was open, and his words revisited who he was, what he was about, and where and from who the lessons were mastered. You have the same reservoir of important messages in you: dig them out.

oral language and formal language have two different vocabularies in the brain. A linguist by the name of Martin Joos identified five universal strands of language used by speakers and writers. For writers, the Formal Strand is the one used most often. It uses proper English, sentence structure and syntax, but nobody speaks formal English, unless they are talking to royalty or persons in authority over them. So what does this

have to do with speaking and whether or not you write out your speeches. Simple.

You will never become a great speaker by writing your speeches.

If you sit down and write your speeches before you deliver them you will never be a great speaker. The simple reason is you learned to write in formal English and when you sit down to type out a draft of a speech you are writing it in a language that you do not speak: Formal. The answer to the first statement of Speaker's Paradox is, if you write in formal English and then try to deliver that message it will not work because the syntax, sentence structure and vocabulary of written formal language is different from the way you talk and you will stumble. It will never sound as good coming out of your mouth as it sounded in your head when you wrote it and read it. The solution is simple, don't do it that way. Don't write in the formal language.

You will never become a great speaker without writing your speeches.



The solution is straightforward. You must learn to write the way you talk. To do that I teach protégés to make an outline of the speech they want to give, including their key points. Then I have them speak their first draft of the speech. Deliver the speech that is in your mind, on your heart, and deliver it the way you think you want to say while recording it. Once you have finished, or exceeded the time limits, whichever occurs first, transcribe the speech exactly as you spoke it. Now you will of course be tempted to edit it while you are transcribing it, but resist that

temptation! You will not learn your own oral voice if you apply your formal voice editing what you are listening to. You will also be hearing your voice exactly the way your audience is hearing it. Ever hear someone say, "It doesn't sound like me." Well, that is true it doesn't sound like you to you, but everybody else has to hear it that way! You are hearing your voice muffled through the bones and flesh of your face while you are speaking—they are hearing the unadulterated true you. Hope they like it.

Getting your spoken voice down on the page just the way you speak, including pauses, ums, ahs, double clutches, explicatives (*shame on you!*), etc. Is the first step toward learning to write in your own oral voice. One important thing you must do when you

are transcribing is whenever you pause while speaking, hit return and start a new line. Even if you pause after only one word or letter. Here is the written version of my world championship speech: Lessons from Fatdad.

Notice that I didn't include punctuation. Also I double spaced so I could make notes

- | | |
|--|------------------------------------|
| 1. When I was seven | 6. And my folks left me sleeping |
| 2. We drove to my cousins house for dinner | 7. As they went on up to the house |
| 3. And to show off Fatdad's new car | 8. When I woke up |
| 4. A 1960 Ford Fairlane | 9. I stumbled from the car |
| 5. I fell asleep in the back seat | 10. Headed for the porch |

later when I started editing the speech.

Starting a new line whenever you pause is similar to writing the musical score to a song. You are telling yourself where to pause as you read it. When you write it this way I can deliver it the way you spoke it, pausing in all the appropriate places. It helps you master your own speaking rhythm. After you get it down on paper this way, then replay the recording while you read along. Hold a highlight pen and highlight any portion of the speech that doesn't sound right to your ear. It won't sound right to the audience either. Go all the way through the speech highlighting and when you are done go back to each highlighted area. Think about how you could say it better, trying several different ways, when you think you have it, record the new part of your speech that will replace the highlighted area. Then transcribe it replacing the highlighted portion with the new version. Repeat that process for every highlight. Once you have replaced all the highlights with new text, you are ready to record it again.

Hold a highlight pen and highlight any portion of the speech that doesn't sound right to your ear. It won't sound right to the audience either. . .

When you record the second version of your speech you have hit a major milestone. You have your own voice down on paper. Now as you repeat the editing process by reading the speech you have just edited while recording it again, the text you are reading is the exact way you will naturally deliver the speech. Of course you will go through these cycles of editing a dozen or more times, but the good news is you will memorize the speech in one-third the time because it is written the way you normally speak.

This process is called auditory editing. There is a lot more to writing and delivering a world championship speech than just using auditory editing and identifying the answers to the three questions we discussed at the beginning of this article. Those are all topics for another article. For now, I hope you will take the time to identify your answers to the three questions: 1) Who am I?; 2) What am I about? And, 3) Where did I learn that? I hope too that you will begin writing your speeches in your own oral voice. It is more work initially, but produces champion results.

Finally, remember nobody can be you. Nobody has lived the life you have lived, learned the things you have learned from the people and events in your life. You have a rich and bountiful supply of wisdom to impart to this world, so: *Speak from your heart and the world will listen!*

Dr. Randy J. Harvey has a PhD from the University of Oregon and is the 2004 World Champion of Public Speaking for Toastmasters International. Dr. Harvey also holds a Juris Doctorate from Concord Law School and a Masters degree from Eastern Oregon University. He has traveled internationally while teaching public speaking and has published two books on the subject. He is married with three grown children. The skills to be learned in this book are straightforward and easy to master if you are willing to spend the time to learn them.

What a Deal!

This beautiful handmade solid wood **lectern** measuring 23” wide, 18” deep, 14” tall can be yours for the asking.

Contact lgm@d7toastmasters.org



From the LGET...

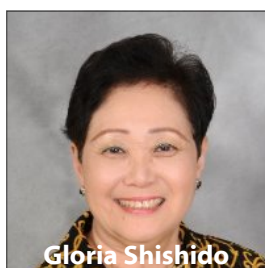
Michelle Alba-Lim, Lt. Governor Education/Training



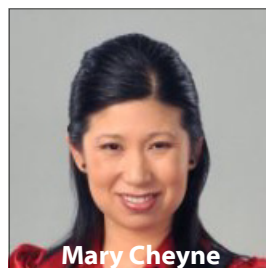
Spring into the District 7 Conference!

Have you registered for the District 7 Spring Conference, “Be the BEST: Communicate and Lead With Impact” on May 1 and 2? If you haven’t registered yet, consider the following...

Excellent learning opportunities—Gain inspiring insights from International Director Gloria Shishido, DTM on the best way to motivate and lead volunteers (and team members at work). Director Gloria will speak about “Kina’ole” which translates to “Doing the right thing, for the right reason, in the right way, at the right time, to the right person.” Read more about Gloria [here](#).



Gloria Shishido



Mary Cheyne



Tom Marcoux

Be entertained and energized as 2009 World Champion of Public Speaking 1st runner-up Mary Cheyne shares lessons from her world championship journey. Read more about Mary [here](#).

Learn practical pointers from author, speaker, and super coach Tom Marcoux on how to seize the three C’s of success (charisma, confidence, and control of time). Read more and watch Tom's presentation clip [here](#).

Evaluation and International Prepared Speech Contests—In the morning, hear nine of the best evaluators in the District compete in the Speech Evaluation Contest. Listen, learn, and take your own evaluations to the next level. In the afternoon, cheer the nine division champions as they deliver their entries in the International Speech Contest. Be among the first to know who will represent District 7 at the International Convention in Las Vegas, Nevada this August.

“D7’s Got Talent!” Fun Showcase—Discover varied skills in the Friday night FUN talent show. Short skits, showcased musical talents, and storytelling are three of the entries scheduled to entertain you. Has your division decided what to do? Why wait? If you've got a talent and aren't afraid to share it on stage, contact your Area or Division Governor.



From the LGM...

Leanna Lindquist, DTM Lt. Governor Marketing

Can You See Us Now?

Does your club regularly receive guests? Did they visit your website before choosing to attend your meeting? With only 5 seconds to grab a viewer's interest, dynamic content is crucial. People don't read websites, they scan them. Your most important information should be front and center.

- When and where do you meet?
- How do you reach the club contact?
- What is the compelling reason to visit your club?
- Are their engaging photos of members in action?
- What does your website say about your club?



Websites are expected. In a 2012 survey 85% of consumers used the Internet to find local businesses. Now more than ever its important to have a strong online presence. Websites lower the barriers to participation and help you gain members. The more often you update your website the more active you appear to be.

District 7 Offers to Create Club Websites

Are you one of the 80 District 7 clubs that does not have a club website? Over half of the clubs with 12 or less members do not have a currently branded FreeToastHost 2.0 website. I have heard from some members that they don't have anyone in their club with the skills or desire to get a website up and running.

District 7 is contracting to provide websites to those clubs in need of one. All clubs are encouraged to have a current website to market their club and take advantage of the member features such as meeting agendas. All clubs without FreeToastHost websites will be offered a club website. If you want your club added to the list please fill out the [form](#).

"If your actions inspire others to dream more, learn more, do more and become more, you are a leader." – John Quincy Adams

What Is All the Fuss About Paying Dues?

A portion of dues paid to Toastmasters International come back to Districts to run their programs. It pays for TLI, marketing, trophies and awards, just to name a few. In order to be a club in good standing, 8 members must have renewed on or before April 1, 2015. The deadline for receiving DCP credit for goal #10 is April 10, 2015.

As dues are collected they should be submitted to Toastmasters International. Make it a game, offer a drawing for those who submit their dues by a certain date. Don't be on the receiving end of countless email nags asking you to pay your dues. Please be proactive and help your club meet their goals.



Patriot Talkers Holds Open House

Shamrocks, the showing of the green and leprechauns were all part of Patriot Talkers Open House held on St. Patrick's Day to relaunch the club. Toastmaster for the evening was Leanna Lindquist, DTM, Lt. Governor Marketing. Don Ferris, DTM of Liberty Talkers led the group in Table Topics. Attendees were treated to two of District 7's own celebrities; 2004 World Champion Public Speaking Randy Harvey, DTM and 2009-2010 Toastmasters International President Gary Schmidt, DTM.



Randy spoke about authenticity being the single most important component to public speaking. One's authenticity drives body language, vocabulary, and message. One's own story and message are always the best speech to deliver. He advocated Toastmasters as being the place to practice and formulate your best message. Gary shared how to clarify thoughts, prepare a message, and let your voice be heard. This works whether you want to advocate in the political arena or simply be heard in your family. These strategies were learned from a career in politics and membership in Toastmasters.

Patriot Talkers is a niche club that focuses on preparing conservatives and community minded people to confidently deliver their message in a concise manner, whether it be as a candidate or in a political forum. If you want the confidence to speak up at a School Board Meeting or a session of the Legislature this club is for you. Patriot Talkers president is Kay Bridges. The club meets every Tuesday from 7:00 – 8:00 pm at Standard TV & Appliance, 5240 SE 82nd in Portland just north of Foster Road in the conference room at the back of the store. Check out Patriot Talkers on [Facebook](#).

District 7 Honor Roll Recognition—

February Educational Awards Submitted

Award	Date	Member	Name	Location
★DTM	2/10/2015	Anderson, John Eric	Early Words Club	Longview
ACG	2/10/2015	Anderson, John Eric	Early Words Club	Longview
CL	2/23/2015	Anthony, Joseph D.	Liberty Talkers	Beaverton
CC	2/23/2015	Anthony, Joseph D.	Liberty Talkers	Beaverton
CC	2/11/2015	Bath, Pat	Rogue Communicators Club	Grants Pass
CL	2/10/2015	Brown, Cheryl Denese	Downtown Lunchbunch	Hillsboro
CC	2/25/2015	Caviness, Lizz	Communicators Plus	Bend
CC	2/4/2015	Cone, Tyler Jeffrey	Canby Toastmasters	Canby
CC	2/9/2015	Ellis, King	ScanEagle Toastmasters	Bingen
ACS	2/24/2015	Fanning, Paul C.	Downtown Lunchbunch	Hillsboro
CC	2/4/2015	Flodeen, Zackary	Leader's Edge Club	Vancouver
CC	2/24/2015	Graves, Sensi A.	Hood River Club	Hood River
CC	2/13/2015	Hayworth, Roger D.	WE Toasted Toastmasters	Lake Oswego
CC	2/15/2015	Holdiman, Sherry	Astoria Toastmasters	Astoria
CL	2/19/2015	Hopkins, AnDrew G.	Banfield Barkers	Portland
CC	2/19/2015	Hopkins, AnDrew G.	Banfield Barkers	Portland
CC	2/3/2015	Johnson, Jeremy	La Pine Chamber Toastmasters	La Pine
ACB	2/23/2015	Karvia, Michael J.	Ilwaco Toastmasters	Ilwaco
ACB	2/11/2015	Konen, Nick	The Standard Speakeasy Toastmasters	Portland
CC	2/5/2015	Leibman, Laura	Lake Oswego Toastmasters Club	Lake Oswego
ALB	2/23/2015	Maher, Anna T.	Electric Toasters Club	Portland
CC	2/18/2015	Martinez, Jesse Anthony	Downtown Lunchbunch	Hillsboro
CC	2/13/2015	Miziolek, Irena	Jantzen Club	Portland
CC	2/4/2015	Neuffer, Michael S.	Toast of Corvallis Toastmasters Club	Corvallis
CC	2/20/2015	Nollette, Le Roy I.	Newberg Toastmasters Club	Newberg
CC	2/23/2015	Ostapkowicz, Brad P.	Speakers By Design Club	Portland
CC	2/23/2015	Patel, Nrupen S.	Battle Ground Toastmasters	Battle Ground
ACB	2/7/2015	Peterson, Mike G.	Silvertongues	Silverton
CC	2/18/2015	Pitcher, Marc	Professionally Speaking	Vancouver
CC	2/11/2015	Potter, Linda J.	A-Dec Toastmasters	Newberg
CL	2/12/2015	Rollinger, Robert E.	Downtown Lunchbunch	Hillsboro
CL	2/17/2015	Rybka, Richard	Smooth Talkers Club	Lakeview
CL	2/24/2015	Schupp, Lisa S.	Toast of Corvallis Toastmasters Club	Corvallis
CC	2/7/2015	Semprevivo, Karen Ann	Portland Progressives	Portland
CC	2/23/2015	Simmons, Adrienne	University Toastmasters Club	Ashland
CC	2/7/2015	Snelling, Ann E.	Silvertongues	Silverton
CC	2/5/2015	Spencer, Charles L	Noontime Nomads Club	Tigard
ACB	2/24/2015	Standeven, Ernest J.	Toast of Corvallis Toastmasters Club	Corvallis
CC	2/18/2015	Starkey, Patti	La Pine Chamber Toastmasters	La Pine
CL	2/5/2015	Stein, Sandra	Clackamas County Toastmasters	Oregon City
CL	2/24/2015	Warner, Lanelle	Audacious Orators	Wilsonville
CC	2/20/2015	Woodward, Peggy Kay	Noontime Nomads Club	Tigard

—Honoring Achievements

Triple Crown Awards



Member	Count	Awards	Member	Count	Awards
Anderson, John Eric	3	ACG, DTM, ALS	Locke, Julius Patrick	7	ACB, ACS, CC, ALB, CL, CC, ACG
Finkemeier, Alan J.	3	ACG, ALS, DTM	O'Keefe, Karen G.	5	DTM, ALS, ALB, ACG, CL
Gauthier, Shirley	3	ACB, CC, CL	Rodke, John Russell	3	ACB, ALS, DTM
Hansen, Paul	3	CL, ALB, CC	Rose, Jason	3	CC, CL, ACB
Harmon, Phyllis A.	5	ALB, ALS, ACS, ACB, CC	Smith, Robert D.	3	CC, ACG, CC
Heitz, Nena	3	ALB, CC, CL	Tuohy, Patrick	3	DTM, ACG, ALS
Hovland, Teresa V	3	CL, ACB, CC	Wantz, James	3	ALS, DTM, CC
Knapp, Thomas K.	4	ACS, ALB, ACG, CL	Winger, Eric A.	3	CL, CC, ALB
Kroetch, Ann T.	3	ACB, CL, ALB	Wolfe, Jane	3	ACB, CL, ALB
Lewis, Tim A.	3	ACB, CL, ALB			

(From the LGET—Continued from page 11)

District Council Meeting—Attend the meeting and hear first-hand about decisions made at the District level. Participate in electing next year’s leadership team (or be a candidate yourself).

Network, Make New Friends, Win Prizes, and Much More!—Reach out beyond your club. Meet new friends and reconnect with friends from previous conferences. Become acquainted with the new DTMs in D7. Meet first-timers and help to make them feel welcome. If you are a first-timer at a D7 conference, you are in for a very special treat! And much, much more! Check out the [District 7 website](#) to learn more about the conference and register today. Don't miss this unforgettable experience!

[Register now](#) for only \$95/person and avoid the price increase on May 1. Receive a 19% discount on the current pricing when you register 7 or more at the same time. Group rate is \$77/person.

For comments, questions, or concerns, contact conference@d7toastmasters.org or call 503-688-7714.

A speaker knows by a listener's face whether or not they are paying attention. A speaker knows if the listener is bored by the stifled yawns. (Eric Winger)

Distinguished Club Program

Phyllis A Harmon, DTM

Club Name	Goals Met
A-Dec Toastmasters	10
Audacious Orators	8
Babble-On Toastmasters Club	10
Banfield Barkers	6
Capital Toastmasters Club	9
Clackamas Stepping Stones Tm Club	6
Clark County Toastmasters Club	6
Columbia Center Club	10
Competitive Speakers PDX	6
Downtown Lunchbunch	9
Early Words Club	8
Eco Voices Toastmasters	5
Electric Toasters Club	7
Flying Toasters Club	7
Gresham Toastmasters Club	8
Lunch Bunch Toastmasters Club	5
Marylhurst Toastmasters	6
Mentors Of Focus Club	5
Milwaukie Talkies	6
New Horizons Toastmasters Club	8
Portland Club	8
Portland Progressives	9
Portlandia Club	5
Professionally Speaking	10
Professionals of Portland Toastmasters	7
Silicon Forest Club	5
Silvertongues	7
Speakers With Spirit Club	7
Spirit Trackers	6
Sporty Speakers	7
Swan Island Toastmasters	8
The Standard Speakeasy Toastmasters	6
Toast of Corvallis Toastmasters Club	9
Toastmasters For Speaking Professionals	9
University of Oregon Club	6
Vancouver Toastmasters Club	6
Wallmasters International Club	8
WE Toasted Toastmasters	7
West Beaverton Club	8
Yawn Patrol Club	9

Members across the district are figuring out what they have to do to complete their personal goals and what they have to do to support their clubs by submitting their completed manuals to Toastmasters International before June 30 — the end of the Toastmasters year. We are in the final lap of this year's race and the deadline is fast approaching!



Now's the time when attention to detail is crucial. Who needs one or two more projects completed to complete their

personal goals this year? Who hasn't renewed? Dues must be paid before April 10 for DCP credit.

Club officers can submit dues as members renew their membership. They no longer have to wait until they have eight renewals to submit them. Renew dues, not for just 8 members, but enough for your club to maintain charter strength or the additional 5 members you've added this year. How many members do you need to qualify for the Distinguished club program? Have you planned your open houses, special training events, or workshops to attract new members? Now's the time to take stock and renew your commitment to yourself and to your club.

See you at the finish line on June 30th.

Clubs Met DCP Requirements = 20+ or increase of 5 Members. Five or more goals achieved.

Almost Distinguished...

Area	Club	Name	Goals Met	Number of Members	Members Needed
D53	5352	American Red Cross Trail Chapter Club	4	13	7
F75	9474	At The River's Edge Club	7	14	6
C44	2598	Beachtown Toastmasters	4	12	1
I11	6856	Bend Chamber Toastmasters	4	19	1
E61	1235	Blue Ox Club	5	19	1
H91	628731	Bridge Toastmasters Club	5	11	7
D52	622	Chanticleers Club	5	17	3
E61	6222	Civil Tongues Club	5	13	6
D52	2152164	Columbia Communicators	4	21	Met Requirement
G83	6421	Columbian Club	5	17	1
H94	1216392	Creekside Toastmasters	5	15	5
B35	595492	Downtown Public Speakers Club	4	20	Met Requirement
H91	8741	Embracing Cultures Toastmasters	4	12	3
G83	4777	Encouraging Words Club	7	17	3
F73	2265	Essayons Club	4	50	Met Requirement
H94	9459	Feedbackers Toastmasters	4	13	4
H95	1832	FIG Masters Club	4	17	3
B31	8553	Gateway Toastmasters	5	9	5
A21	852	Grants Pass Toastmasters Club 852	6	19	1
E64	879690	I.R. Speaking Toastmasters Club	4	19	1
G83	1528201	Ilwaco Toastmasters	5	10	4
I11	1799014	La Pine Chamber Toastmasters	4	13	5
E63	605	Lake Oswego Toastmasters Club	5	19	1
B32	2997349	Lebanon Toastmasters	4	15	2
H92	1451910	Liberty Talkers	6	12	8
F72	3681	M A C Toastmasters Club	5	12	3
E64	977380	Molalla Toastmasters	6	11	3
E65	7450	Noon Talkers	4	32	Met Requirement
H95	8427	Noontime Nomads Club	6	18	2
B32	2658342	NuScale Toasters	4	28	Met Requirement
H93	2814162	Passport To Leadership	4	20	Met Requirement
A21	2478275	Rogue Valley Networking Toastmasters	4	19	1
D53	944247	Rose City Toasters Club	8	14	3
G81	3045535	Salmon Speakers	6	18	2
B34	8430	Siuslaw Tale Spinners Club	4	17	3
I12	856839	Smooth Talkers Club	4	18	2
A24	5840	Southern Oregon Speechmasters	7	17	3
B31	1278233	Symantec Toastmasters	4	15	5
C41	882561	Tabula Rasa Toastmasters	7	13	7
E61	935384	Toast of the Region C;ub	4	11	8
I12	5273	Warner Mountain Club	4	14	2
H92	1597	WRIP City Club	5	15	5

Audacious Orators Toastmasters: Setting the Example

Erik Bergman, DTM, Willamette Division Governor

At first glance it looks like any other Toastmasters meeting: a lectern, a speaker, an audience listening and laughing. But on closer look, the members wear dark blue with orange stencils that say "inmate."

Welcome to Audacious Orators Toastmasters at Coffee Creek Correctional Facility for women in Wilsonville, Ore. The club is thriving with 27 members and eight Distinguished Club Program goals achieved so far. Members express genuine thanks for their Toastmasters experience:



- *"I believe we can be an example for all of the women here."*
- *"Every six months I know it's a good investment."*
- *"I use Toastmasters training all the time teaching students in cosmetology class."*
- *"You never know how good it is until you try it."*

Prison-based clubs depend on volunteer Toastmasters from the community to visit, mentor and act as treasurer, although inmates hold all other offices. Assisting Audacious Orators is Merilee Krebs, CC, CL, who helped the club charter in March 2013. She had heard a speech at Toastmasters Leadership Institute about Toastmasters in prisons and signed up to be part of it. She notes: "Most felons will leave prison and move back to communities. I could worry that they are coming out hardened and more unsafe or I could participate in some coming out better than they went in and have them be contributing members of society."

Regular volunteer Ginger Killion, ACS, CL, calls her involvement "a personal mission." She attended the demo meeting that launched the club and "right away, I saw the appreciation in the eyes of the inmates and knew I was in the right place. They deserve Toastmasters just like I do." Members benefit "in so many ways," Ginger says. "The sense of belonging to something big and special outside the walls of Coffee Creek generates a sense of dedication and cohesiveness."

As one inmate says, "We can see what Toastmasters does for us. Just think what it can do when more people get involved."

Audacious Orators meets on the first and third Tuesdays of each month at 7 p.m. Toastmasters are welcome to visit, but must undergo a background check and schedule visits well in advance. The Department of Corrections offers free training to those who want to commit to become regular volunteers.

To learn more about Audacious Orators, email me at dge@d7toastmasters.org.

Showcasing Success . . .

Toast of Corvallis Toastmasters: Friendship Keeps Them Coming Back

Jack Standeven, ACB, ALB



When you walk into a Toast of Corvallis Toastmasters meeting as a guest for the first time you immediately notice how everyone greets each other like lifelong friends, because they are. Each of us joined Toastmasters for the usual reasons, to improve our public speaking skills. We keep coming back each week for the laughter and the fellowship with our friends. When you walk in you instantly become part of that circle of friends.

You are warmly, and perhaps a bit overwhelmingly, greeted by big smiles. The VP of Membership will give you a handshake and a guest packet. The Sergeant at Arms welcomes you and gives you a meeting agenda. An experienced Toastmaster sits next to you during the meeting and explains what is going on. The President opens the meeting and warmly welcomes you to the club. You find yourself wondering "I don't know what is going on here, but I think I could use whatever it is they got going on!" As the meeting progresses you see one speaker after another get up to address the room. Some inspire, some make everyone laugh. They all share something that helps us to understand them better and leaves everyone with something to think about. You find yourself wondering if you can be that smooth and polished up in front of the room. Just when you are trying to figure out what the magic is all about, these people start to evaluate each other! And the speakers getting evaluated are not offended! You didn't realize that you use some of the same crutch words. They time each other and count how many um's, so's and other fillers. Wow! You want to come back for more.

The Toast of Corvallis works hard to be a proper Toastmasters club. Meetings start promptly, we stick to the agenda, making sure all meeting roles are filled, speakers are ready to go and the evaluation team is prepared. It gets back to the main reason we all come back each week is for the friendship and laughter. We always leave in a good mood that sets the tone for the rest of the week. We often mix it up by having fun themed meetings. One year we celebrated Talk Like a Pirate Day. We have had a Shakespearian Ides of March meeting, and one April Fool's day we had a backwards meeting. Evaluations of speeches were given before the speakers gave their speeches. Speakers had to include items to improve on from their evaluations as part of their speeches.



As Toastmasters we are always amazed at the changes in ourselves, even after only one year of participation in the Toastmasters program. Club Secretary Lisa Schupp said Toastmasters has made her a lot more confident in talking to management, her presentations skills are better and she listens more closely to the people she helps.

As for myself, I did not know anything at all about Marketing or Public Relations (PR). I realized if I wanted to start and grow a business, Toastmasters was an ideal place to learn and practice. Serving in the role of Club VP of PR has exceeded my expectations. I gain marketing and PR experience as I continue to learn from the great training provided by Toastmasters.

Toast of Corvallis breeds Leaders! For the last several years many of the club members have moved



on to become Area and Division governors. We always make sure everyone gets the credit for meeting roles in the Competent Leader manual. Earning that Competent Leader award makes you feel like it IS possible to earn that coveted DTM. Last year's Club President Rosanne Smith, who is currently our Area Governor, told me "People who shy away from taking on a leadership position or entering the speech contest are robbing themselves, because there is no one

saying you can't do this." When asked what she learned as club president she said it seemed like there was no way to find the time to be club president, but accepting the president's role helped her learn how to find the time. Rosanne said "You have to learn how to be efficient to become effective. We all have little holes of five and ten minutes of time in our lives. By finding and using these it really is possible to find the time you need to do what you need to do." Rosanne also said "You have to communicate to your team. At the club level you see your team every week. The challenge at the area and division level is you do not know your team. You really have to reach out to them." The experience she gained serving as club president enabled her to take on the role of Area Governor. Her reward is seeing clubs and individuals do well. "It really is true, Toastmasters creates Leaders. Accepting the leadership role as President and Area governor is one of the best things I ever did for myself."

Come to Toastmasters to improve, stay for the friendships.

Toast of Corvallis meets every Tuesday at 12:10 PM in the South Building of the HP campus. Visit toastofcorvallis.toastmastersclubs.org for meeting directions.

Jack Standeven joined Toastmasters in 2011. He is currently serving as the club president.

Leadership is more often than not about "soft skills" rather than hard skills. Yes, a leader who understands what drives the bottom line is valuable. Yet it's the leader who can get others to perform at their best who ultimately creates winning organizations.

Road Trip. . .

Are you looking forward to the District 7 Conference *Be the Best: Communicate and Lead with Impact*, but dread the long drive? We have the answer!

Toastmaster Jim Robison has made arrangements for a bus and driver to travel from Portland to Canyonville in time to take advantage of the Friday night networking activities, appetizers and program which are included in your conference fee.

Imagine a bus full of Toastmasters driving to Canyonville and back. What great fun! It will take you back to your high school days. There

must be a speech in that. What happens on the bus stays on the bus. Make this a weekend to remember with your Toastmaster family and as they say, "leave the driving to us".



Details:

- Travel with a professional bus driver with a spotless driving record (retired)
- This is a coach bus, not a school bus
- Leave Portland metro area Friday May 1st at approximately noon
- Arrive in Canyonville prior to 5:00 pm for networking and appetizers
- Stay over night at [7 Feathers Casino](#)*
- Return Saturday night to Portland about midnight

Cost:

- \$20 each if enough members sign up
- 7 members registering together receive a special rate of \$77 each
- Take advantage of the bus and 7/\$77 all for \$97 - this is only \$2 more than the current registration fee of \$95. (This is an offer you can't refuse.)

How to get on the list:

- Contact Jim Robison jim@jimrobison.org or 503-960-3736
- Respond by **Tuesday, April 14th**

Visit the [District 7 Conference](#) page on the D7 website for complete conference information.

*Hotel registration is on your own and not part of this package

Outstanding Member Award—

Division A

**Donna Newton
Scott Fraser
Salina Christaria
Nena Heitz
Dave Johansen
Dianne Demith
Renee Kenna**

Division B

**Jan Diamontine
Dotha Canning
Donna Stark
Brad Smith
James Perry
Laurie Weitkamp
Irma Geller**

Division C

**Sofia Parra
Phil Westover
Allen Edinger
Kathy Carlson
Ciaran Hynes
Bruce Sehorn
Toraj Khavari**

Division D

**Jim Robison
Bruce Sehorn
Erica Leininger
Dennis Hills
Antonio Jackson
Brian Grubb
King Ellis**

Division E

**Kathleen
Jamie
Karen S
Melissa
Toraj
Beth
Char**



For the past few months clubs have been nominating members who exemplify the club mission: *We provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth.* Recipients received an Outstanding Member pin and an Outstanding Member certificate. Congratulations to all the

—Who Will Be the Recipient?



Division E
Green Tully
Stratton
Tempervivo
Johnson
Cox
Genly
Shinn

Division G
Ann Bourne
Rich Liedtke
Bonnie Shaw
Sarah Voth
Rusty Lee
Les Lomax
Ronalafae Thapa

Division I
Pat Lynch
Martin Stewart
Mary Chisholm
Peggy Roberts
Smitty Parratt
Joe Polk
Colleen Gray

Division F

Chris Budai
Dana Davies
Nathan Cook
Anna Kelly
Perry Elston
Sherie Briggs
Quinn Oaks

Division H

Dave Szczechowicz
Bryce McLaughlin
Eric Wnger
Vince Ast
Patrick Touhy
Michael Blythe
Jim Allen

recipients. April will be the last month of this program. To nominate that unsung hero in your club who hasn't been recognized yet, Click [here](#) to nominate them before April 7. All recipients will be entered into a drawing to receive the 2014-15 Outstanding Member plaque which will be presented at the Spring Conference on May 2, 2015.



WHERE LEADERS ARE MADE

Saturday, March 21, 2015

To: Phyllis Harmon, DTM

Subject: Nominating Team Report

2015 Nominating Committee Team: *Scott Stevenson, Alexis Mason, Ann Snelling, Dick Moser, Marsha Ware, Michelle Bowden, Jim Wolak*

Here is the list of the nominees for elected leadership positions within the district for the 2015-2016 Toastmasters year:

<i>OFFICE</i>	<i>Name</i>
<i>District Director</i>	Michelle Alba-Lim, DTM
<i>Program Quality Director</i>	Leanna Lindquist, DTM
<i>Club Growth Director</i>	Erik Bergman, DTM
<i>Division Director – Southern Division .</i>	Becky Holm
<i>Division Director – Central Division . .</i>	Donna Stark, DTM
<i>Division Director – Capitol Division . .</i>	<i>No Candidate Interviewed</i>
<i>Division Director – Columbia Division .</i>	David Johnson, ACB,ALB
<i>Division Director – Willamette Division</i>	Kathleen Tully, DTM
<i>Division Director – Downtown Division</i>	Karen O’Keefe, DTM
<i>Division Director – Northern Division .</i>	John Lawless, ACG,ALB
<i>Division Director – Sunset Division . . .</i>	Ginger Killion, DTM
<i>Division Director – High Desert Division</i>	Joseph Polk, ACG,ALB

Sincerely,

District 7 • Where Leaders Are Made
Scott Stevenson, DTM • PDG • TEL: 503.880.2692 • www.d7toastmasters.org

#

Changing the World

One Story at a Time

SAVE THE DATE



Randy Harvey, PhD

**2004 World Champion
Public Speaking**

Guest Speaker

Club Kickoff Meeting

April 9, 2015 - 7:30-9:00pm

Location Coming Soon!

Storytellers
for Toastmasters



learn more: <https://www.facebook.com/storytellersPDX>

Renee Kenna—Division A Member of the Month

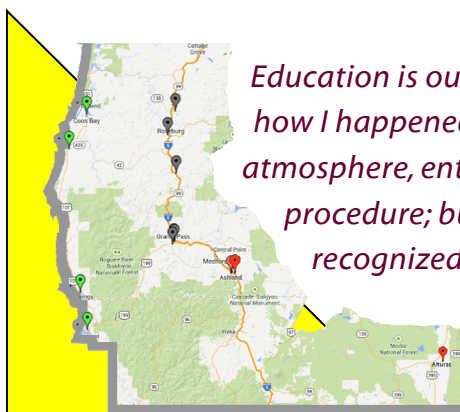


Renee is a member of Southern Oregon Speechmasters. She joined Toastmasters in October 2013. Renee steps up to fill whatever roles are needed, makes announcements at the beginning and end of meetings to educate and encourage members toward their goals, greets guests and makes sure they feel included and welcomed, and smiles her beautiful smile through it all! Renee is

currently serving as Club President

District 7 Welcomes New Members to Division A

Club Name	Last Name	First Name
University Toastmasters Club	Ahern	Dana
Feather Tongues Toastmasters Club	Antonio	Lacy
Feather Tongues Toastmasters Club	Grady	Sally
University Toastmasters Club	Ingwerson	Wendi
Southern Oregon Speechmasters	Ingwerson	Wendi
University Toastmasters Club	Jaramillo	Mayra
Coastmasters	Mercado	Jessica
University Toastmasters Club	Napoli	Andrea
University Toastmasters Club	Singleton	Tiger
University Toastmasters Club	Tiger	Singleton

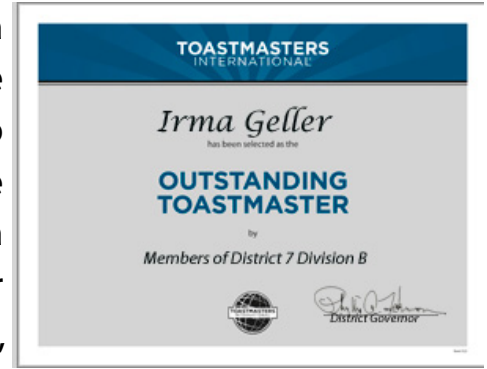


*Education is our business. It has been so from the beginning. I do not know just why or how I happened to hit upon the idea that adult education could be handled in a social atmosphere, entirely apart from the formal classroom and standard academic procedure; but in some way I got that notion, and I have lived to see it not only recognized, but actually used, in circles where it was frowned upon a generation ago. There was evident agreement in my mind with the thought which Shakespeare had expressed long before when he caused one of his characters to say: 'No profit grows where is no pleasure taken'.
(Ralph C. Smedley)*

Division A

Irma Geller —Division B Member of the Month

Irma Geller joined Toastmasters in 2002. She is currently a full-time student and member of Siuslaw Tale Spinners. She stepped up to volunteer and be the club's VP-Membership for the second half of this Toastmasters year. At the beginning of the year, she volunteered to head a committee to fulfill a club request to bring back Eric Winger for an all-day workshop in Florence. She and her committee, which included Dina McClure and Karen Earnshaw, met over several Saturdays to work out the program details, correspond with Eric, survey the membership, check out potential venues, as well as inform and make recommendations to the membership. The workshop will be held at the Florence Playhouse on April 11, 9:00am-4:30pm. Irma will be sending EventBrite invitations to area Toastmasters as well as guests.

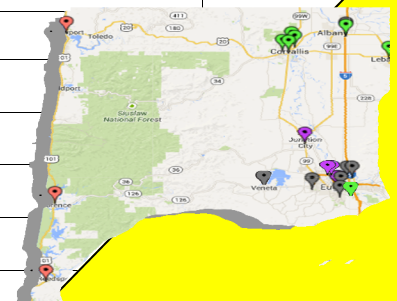


The workshop plans were nearing completion when Irma attended the Division B Toastmaster Leadership Institute (TLI) this past February. Because of the TLI, she was inspired to offer monthly 2-hour Better Club Series meetings at her home. The first gathering will focus on club meeting roles because members had indicated during their conversations with her that they had questions about the various roles.

Irma has displayed a wonderful ability to bring people together to focus on important tasks, to ask insightful questions, and to superbly complete whatever task she takes on. She is gaining and displaying exceptional leadership skills through her Toastmaster involvement.

District 7 Welcomes New Members to Division B

Club Name	Last Name	First Name
Yawn Patrol Club	Blanchard	Charles
Yawn Patrol Club	Borum	Diana
Siuslaw Tale Spinners Club	Kennedy	Vickie
NuScale Toasters	Newton	Mitchell
Corvallis Evening Group	Rutledge	Vivian
Lunch Bunch Toastmasters Club	Shoemaker	Tim
University of Oregon Club	Zhang	Yunfeng

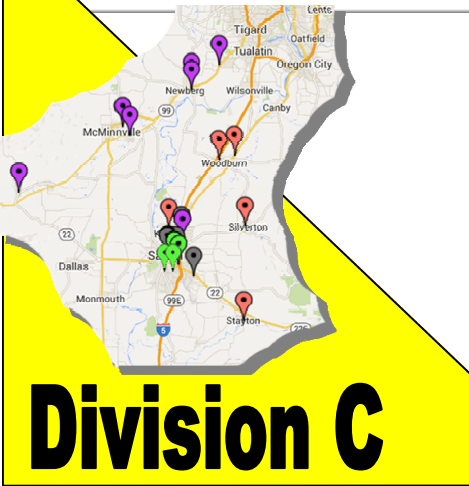


Division B

Toraj Khavari —Division C Member of the Month



Toraj, a founding member of A-dec Toastmasters, truly exemplifies the mission of Toastmasters International. He constantly goes above and beyond the call of duty to ensure meetings run smoothly, he is active in mentoring new members and is incredibly focused on pursuing his speaking and leadership certifications. Toraj is an inspiration to our club members and a joy to be around.



District 7 Welcomes New Members to Division C

Club Name	Last Name	First Name
A-Dec Toastmasters	Joyce	Gary
Beachtown Toastmasters	Morley	Russell
Woodburn Toastmasters	Sherman	Rick
Bootstrappers Club	Sra	Taneesh

Goals—We are SO Close to Becoming Distinguished!

As a District we are doing GREAT! Everything hinges on member renewals and education achievements submitted to Toastmasters International. If you've not paid your dues or submitted your educational awards, please do!

Western Oregon, southern Washington (as of 2015-03-26)

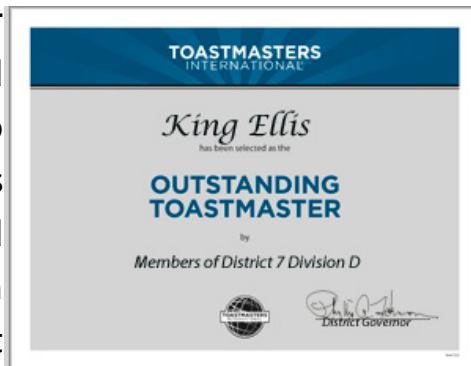
District Goal (to be dist)	Actual to date	Year's goal	Needs more	Percent complete	Clubs	Rank in world	Percentile in world	Rank in region
Paid clubs	175	176	1	99.4%		22	78.4%	2
Mem payments	4936	6912	1976	71.4%		48	51.5%	5
Dist. clubs	0	68	68	0.0%		1	100.0%	1

Remember that "paid clubs" today can still be lost if they don't pay April dues!

It may be said that most of our members come into a club to achieve some definite purpose. That purpose may be to learn to speak in public, to overcome fear, to gain skill in conducting a meeting, or to be a contest winner, or it may be any one of many purposes. It is our obligation to help them to adopt the best purpose, and then to work to accomplish it. When this immediate purpose has been achieved, the individual is likely to drop out, unless the leadership of the club has been so good that he or she has been awakened to a realization of further personal possibilities. No doubt this is the simple explanation of much of the turn-over in membership. (Ralph C. Smedley)

King Ellis—Division D Member of the Month

King Ellis joined Toastmasters in 2010. He is the master organizer for the ScanEagle Toastmaster club. King created the meeting planner sheet, which is how the ScanEagle club members sign up for meeting roles. Every week King takes the initiative to send out the meeting planner sheet and sign people up for meeting roles. King is not shy in prodding people to sign up for a role, and now almost everyone who attends a meeting has a pre-assigned role, and roles are assigned before the meeting. King's organization, initiative, gentle prodding has made the meetings run smoother since we come to the meeting knowing what to do, and who is doing it, and that our meeting roles are covered.

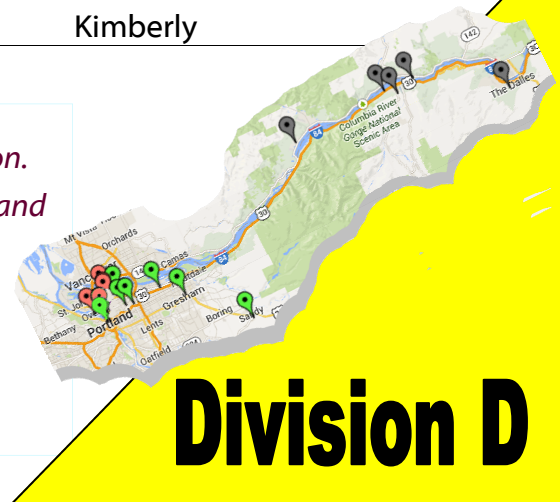


District 7 Welcomes New Members to Division D

Club Name	Last Name	First Name
Hood River Club	Bosman	Frans
Hood River Club	Bosman	Hannalies
Swan Island Toastmasters	Culy	Jessica
ScanEagle Toastmasters	Curry	Ryan
Swan Island Toastmasters	Haggenmueller	Reto
Columbia Center Club	Komkhosavang	Mimi
Portland Club	Menzalji	Boz
Advisors Toastmasters Club	Parker	Kathryn
Portland Club	Patel	Arvind
Portland Club	Robinson	Caitlin
Banfield Barkers	Sankar	Hema
Gresham Toastmasters Club	Schmelzer	Kimberly

There's a balance between seeing and doing – observation and action. Too little observation and we become automatons. Too little action and we become passive.

Observation is not passive. It takes an active mind. Being active develops an active mind. An active mind is more observant. Lather. Rinse. Repeat. (Eric Winger)



Char Shinn—Division E Member of the Month



I nominate Char Shinn for two important reasons: 1) when I first joined Milwaukie Talkies, I found Char to be a ray of sunshine. She was welcoming, smiling, and accommodating---she made my first meeting a truly positive experience. 2) In January we had a silent auction to raise funds for the club, Char went above and beyond the call of duty to make the event a success. She is a

generous and supportive person to boot. For the above reasons, I nominate Char Shinn as an outstanding member of the month. Charlotte Shinn joined Toastmasters in 2011.

District 7 Welcomes New Members to Division E

"Leadership is stepping out of your comfort zone and taking risk to create reward." – *Katie Easley*



Club Name	Last Name	First Name
Mentors Of Focus Club	Adams	Karen
Noon Talkers	Bakke	Jenni
Mentors Of Focus Club	Bradley	Linda
Eco Voices Toastmasters	Davanzo	Jennifer
Eco Voices Toastmasters	Easter	Tara
Eco Voices Toastmasters	Fitzgerald	Richard
Toastmasters For Speaking Professionals	Genly	Caleb
Mentors Of Focus Club	Gurung	Narayn
WE Toasted Toastmasters	Handke	Laura
Eco Voices Toastmasters	Jordan	Matthew
Noon Talkers	Koehn	Philip
Milwaukie Talkies	Kuzmenko	Olga
Tabor Toastmasters Club	Lindner	Verne
Clackamas County Toastmasters	Nieto	Edward
WE Toasted Toastmasters	Rourke	Connie
Mentors Of Focus Club	Sands	Jonathan
WE Toasted Toastmasters	Sinclair	Nicole
Audacious Orators	Wright	Chrystal
Noon Talkers	Wright	Bruce
Molalla Toastmasters	Yoder	Deanne

Quinn Oaks —Division F Member of the Month

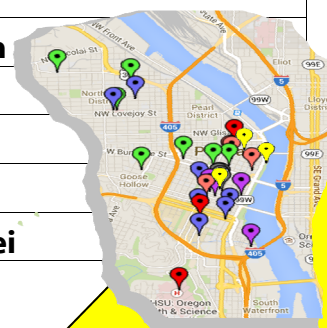
Since I joined the Club about two years ago, Quinn has always made guests feel welcome, supported members through their challenges, and encourages us all to set and achieve goals. He naturally leads by example. Quinn speaks regularly, and speaks with authenticity. He offers ideas to help the club, steps in to fill any role without hesitation, and brings thoughtful messages to share with the group.

Quinn seems to be the glue for our Club to pull together during times of low membership and decreased participation. He is a true inspiration and joy to have in our Club.



District 7 Welcomes New Members to Division F

Club Name	Last Name	First Name
Portlandia Club	Brock	Leslie
Electric Toasters Club	Bruggeman	Mazana
Suite Talkers Toastmasters	Clark	Khaya
Professionals of Portland Toastmasters	Edwin	Knuth
Essayons Club	Hendrickson	Rodney
Sunrise Toastmasters Club #1492	Jasmine	Jhanne
Professionals of Portland Toastmasters	Ketcham	Swapna
Electric Toasters Club	Murozono	Etsuko
Arlington Toastmasters Club	Pastore	Sebastian
Suite Talkers Toastmasters	Reynolds	Lindsay
Professionals of Portland Toastmasters	Schumann-Curtis	Christian
Suite Talkers Toastmasters	Sexton	Troy
Electric Toasters Club	Sinnott	Robert
Motormouths Club	Stewart	Joanne
NoonTime Club	Suravaram	Sudarshan
Electric Toasters Club	Thaha	Rikaz
At The River's Edge Club	Voltolina	Lisa
Oregon Toastmasters Club	Warner	Diane
Professionals of Portland Toastmasters	Xia	Winnie -pei

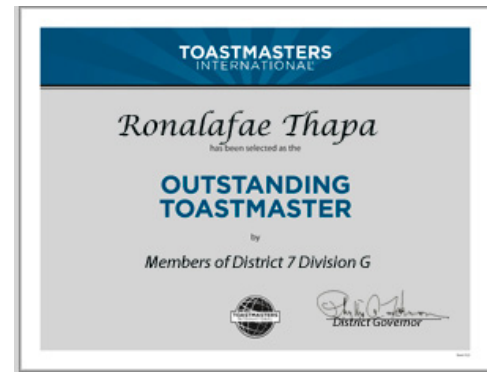


"Leadership is the ability to take an average team of individuals and transform them into superstars. The best leader is the one who inspires his workers to achieve greatness each and every day." – Jonas Falk, CEO, [OrganicLife](#)

Division F

Ronalafae Tharpa—Division G Member of the Month

Rona serves as the Sergeant of Arms for our club. Quite simply, she is tearing it up in our club. She has been a member for just over 4 months and has delivered 7 speeches, filled all typical meeting roles, been elected to the Executive Committee, and most impressively, she is chairing our theme night committee to start bringing a theme once a month to our meetings. September 11th is our first theme night and we are very excited about this as a strategy for increasing enrollment and adding variety to our club meetings. Rona is exemplifying what it is to be a member of Toastmasters.



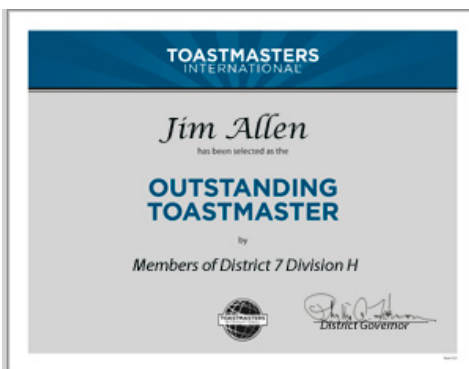
District 7 Welcomes New Members to Division G

Club Name	Last Name	First Name
Salmon Speakers	Elde	Cameron
Wafermasters Club	Gonzalez	Eric
Professionally Speaking	Lyubar	Olga
Columbian Club	Mullins	Mackenzie
Wafermasters Club	Rydell	Dan
Wafermasters Club	Shorf	Gena
Wafermasters Club	Taylor	Lawrence
Salmon Speakers	Touch	Samnang
Testmasters	Winchester	Traci
Wafermasters Club	Yanfei	Lu



Fundamentally, I believe that the ability to communicate is a God-given talent, which ought to be used by all for the good of all. It is our privilege to help bring this talent into greater usefulness, so that it may be applied to the building of a better world, through the building of a better society made up of individuals who must act in groups. I believe that in bringing improvement in the way of "better thinking, better listening, better speaking" to individuals, we are contributing to the improvement of the society which is made up of these individuals. I like the way that Orison S. Marden phrased his conception of speech training, when he wrote; "The ability to talk well is to a man what cutting and polishing are to the rough diamond. The grinding does not add anything to the diamond. It merely reveals its wealth." (Ralph C. Smedley)

Jim Allen—Division H Member of the Month

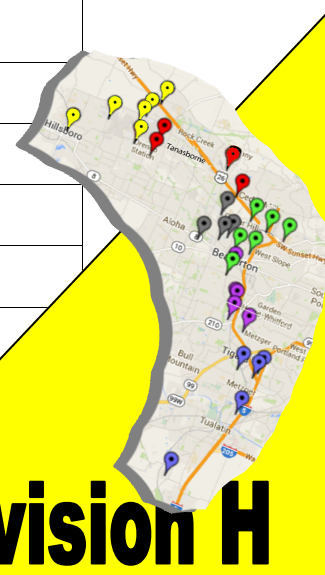


Jim Allen joined Toastmasters in 2009. He is a member of Wrip City Toastmasters. Jim, our current president has certainly taken to the podium smoothly since he assumed the role last year. He has not been shy about the duties the president needs to fulfill and has been quite the organizer and cheerleader for the club and its officers.

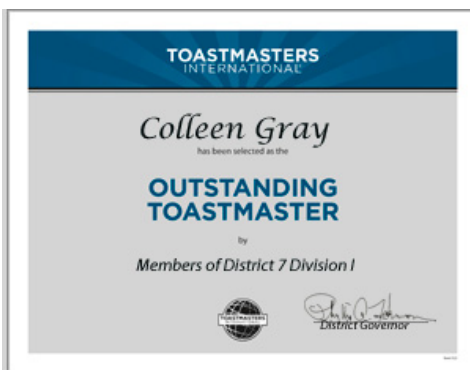
He has lead the discussion on what it takes to be a thriving club to preemptorily combat a decline in membership. He even opened his home, chairing a passing-of-the-baton for officers complete with Rah-Rah-Go-Team message and Flip Charts, throwing down the gauntlet for the potluck -- to which we all met the challenge for FOOD! (and speeches). Over the past year he has offered several speeches on the roles of officers making transitions easier and desirable for members. He has displayed his experience by championing the health of the club, sharing impromptu speeches when needed and reinforcing the value of working through the manuals as the means to attaining our goals. He was unflustered in presiding over an ad hoc vote for changing an item of our club's format. He is there for everyone. I would like to recommend Jim Allen as someone who has exemplified the role of an outstanding member and president.

District 7 Welcomes New Members to Division H

Club Name	Last Name	First Name
Passport To Leadership	Canney	Laurie
Speakeasy Toastmasters	Chea	Chankrisna
FIG Masters Club	Cook	Logan
Silicon Forest Club	Gardner-Smilth	Sara
Sporty Speakers	Kolstad	Monica
West Beaverton Club	Prothe	Patrick
Daylighters Club	Sabraw	Jennifer
Sporty Speakers	Sanford	Althea
Silicon Forest Club	Shute	Kimberly
Sage Beaverton Toastmasters	Travis	Jeff
Walker Talkers Toastmasters	Wu	Ching-Chih



Colleen Gray—Division I Member of the Month



Colleen Gray joined the Redmond Area Toastmasters in August, 2014. With encouragement from her club she won the Division Humorist Contest last Fall in LaPine. She went on to compete in the District Humorous Speech Contest in Brooks. The audience was much larger. She didn't place, but she was grateful for the experience. It has impacted her Toastmasters goals! I congratulate her for stepping up and doing this. She deserves recognition. Colleen is an

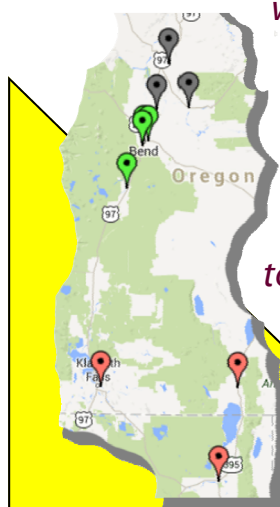
inspiration to our club members. I am proud to have her in our club. She is an example to us all.

District 7 Welcomes New Members to Division I

Club Name	Last Name	First Name
Bend Chamber Toastmasters	Bretoi	Daniel
Redmond Area Toastmasters Club	Cort	Danette
Communicators Plus	Kryzaneck	Lorelei

In the course of years, as we gained experience, it was seen that our processes had values far beyond the mere training of people to face audiences and speak their ideas. Communication was seen to have its effects in almost every phase of life. Improvement

was needed not only in public speaking, but in all use of words, whether spoken or written. Training in speech had definite values in many lines of improvement. Some of these may be listed thus: It leads to the discovery of hidden abilities, bringing these latent talents into use, and thus enriching the individual's life. It broadens the person's conception of how to live with people. It helps in the integration of personality. It brings out for use the leadership traits and abilities, and thus helps to prepare the individual to be a leader. It opens the way to more creative and constructive living for the person who takes full advantage of the opportunities offered. (Ralph C. Smedley)



Division I

APR

2

Thu

Area 72 International Speech and Evaluation Contests @ Good Samaritan Hospital, Medical Bldg2, First-floor Auditorium @ Good Samaritan Hospital, Medical Bldg2, First-floor Auditorium

Apr 2 @ 6:00 pm – 8:30 pm

APR

4

Sat

Area 83 Speech and Evaluation Contest @ St. Helens Library

Apr 4 @ 2:00 pm – 4:00 pm

APR

6

Mon

Astoria Toastmasters 65th Anniversary Celebration @ Elliott Hotel

Apr 6 @ 6:30 pm – 7:30 pm

APR

10

Fri

Division C Capital Evaluation, International Speech contest Venue MorningSide Methodist 3674 12th St Salem. 6-8:30PM

Apr 10 @ 6:00 pm – 8:30 pm

Willamette Division Speech Contest @ Emanuel Hospital, Lorenzen Auditorium

Apr 10 @ 6:00 pm – 9:00 pm

Area 82 International Speech and Evaluation contests @ Glenwood Senior Living theater

Apr 10 @ 6:30 pm – 7:30 pm

APR

11

Sat

Public Speaking 101 and Beyond @ Florence Playhouse

Apr 11 @ 9:00 am – 4:30 pm

Southern Division (A) Evaluation and International Prepared Speech Contests @ Huckleberry Room, Seven Feathers Casino Hotel

Apr 11 @ 1:00 pm – 3:00 pm

Come and enjoy the Division A (Southern Division) Evaluation and International Prepared Speech Contests! We welcome volunteers to serve as timers, ballot counters, sergeant-at-arms, and judges.

Sunset Division (Division H) International Speech and Evaluation Contest @ Tektronix Auditorium in Building 38

Apr 11 @ 1:00 pm – 4:00 pm

APR

12

Sun

Columbia Division D 2015 International Speech and Evaluation Contests @ East Portland Community Center

Apr 12 @ 12:00 pm – 4:00 pm

APR

17

Fri

Downtown Division 2015 International Speech and Evaluation Contests @ Good Samaritan Hospital, Medical Bldg2, First-floor Auditorium

Apr 17 @ 6:00 pm – 8:30 pm

APR

18

Sat

Central Division International Speech and Evaluation Contest @ Lebanon Public Library

Apr 18 @ 11:00 am – 2:00 pm

Northern Division International Speech and Evaluation Contests @ Courtyard Village

Apr 18 @ 2:30 pm – 6:00 pm