



The Guests Guidebook to Toastmasters Sporty Speakers Club

Presented by:

Katrina Rodriguez, VP of Membership



Hello

Thank you for attending the Sporty Speakers club meeting. We wanted to take a moment and share a little more about what we do.

Toastmasters International has clubs all around world with members committed to training people on how to communicate effectively and develop leadership skills. Sporty Speakers Toastmasters is a brand new club that was chartered in July of 2014 to help expand on that mission of helping others to:

- 1) Become comfortable with public speaking, in a supportive environment
- 2) Learn how to think on your feet
- 3) Practice giving and receiving feedback
- 4) Expand your command of the English language
- 5) Grow your community and network

Why members join: You can log on to Toastmasters and search for testimonies.

Toastmasters Website: <http://www.toastmasters.org>

Sporty Speakers Website: <http://sportyspeakers.toastmastersclubs.org>

One of the main questions that come up is around the dues. Please find the information following.

1. Payable to Toastmasters International (Credit Card or Check)
 - New membership Fee- **\$20**
 - District dues – Due Twice a Year (Example: October 2016 to March 2017)- **\$45 Total**
2. Payable to Sporty Speakers (Cash or Check)
 - Club Dues – Due twice a year @ \$2 per month (Example: October 2016 to March 2017) - **\$12 Total**

Total Dues For New Member = \$77

Total Dues for Repeat Member = \$57

Thanks!

Katrina Rodriguez, VP of Membership

Email: Katrina@EdwardsHouses.com

Cell: 503-799-4688

- Officer Team:
 - Garrett Broughton, President
 - Rohit Malshe, VP of Education
 - Katrina Rodriguez, VP of Membership
 - Nikhil Badwaik, VP of PR
 - Rick Martin, Secretary
 - Kelly Fisher, Sergeant at Arms
 - Marie Wang, Treasurer



Club Values/ Mission Statement

The purpose of this document is to establish a set of values that make our club unique. With these values in mind, we can set the tone of the club, make decisions from a shared point of view, and create consistency from year to year. These 5 “values” emerged out of observation, and the uniqueness that this club emits:

1. Enthusiastic Spirit

We have an authentic enthusiasm that’s contagious and makes people want to come back.

ACTIONS:

Leadership: Our leadership represents this enthusiasm in both introverted and extroverted forms.

Atmosphere/Tone: We create a warm and encouraging tone that builds confidence and positivity.

2. Inspiring Diversity

When we look around the room, we see faces from all parts of the campus, the city, and the world. This brings unique and enriching stories to our lectern every week, and creates an environment we want to see in the world.

ACTIONS:

Officer Team: We work to maintain an officer team and club leadership that represents this belief.

Recruitment: We nurture our club’s diversity by welcoming new faces, reaching out to a range of communities to recruit new members, and encouraging a safe place for participation.

3. Beginner’s Mind

We started as a club of beginners, and embrace that spirit of openness and curiosity in all that we do. We work to make our club a place where new members thrive, and advance members can rediscover their gifts.

ACTIONS:

New Member Experience: We help new members find their way and feel welcomed.

4. Gifted Toastmaster Leaders

Our club began out of some truly great Toastmaster leaders, notably our Co-Founders Patrick Tuohy and Bill Hernandez. They fuel our growth and set a standard of excellence that we all learn from.

ACTIONS:

Advanced Member Growth: We strive to keep advanced members engaged, mentoring, and growing in our club.

Mentorship Program: We leverage our advanced members to mentor and share with our new members.

5. A Place For Growth

We believe in ongoing learning and continuous growth.

ACTIONS:

Team Learning Tools: The team has built tools and processes to encourage individuals learning.



THE BENEFITS OF TOASTMASTERS MEMBERSHIP

- ▶ Participation in a unique and proven program for developing your communication and leadership skills.
- ▶ A positive and supportive atmosphere in a community of learners.
- ▶ The opportunity to find your voice while learning to tell your story with confidence.
- ▶ Regular and constructive feedback from other learners as you practice organizing your thoughts and presenting them clearly.
- ▶ Experience in leadership development through training and club involvement.
- ▶ Unlimited opportunities for personal and professional growth.
- ▶ Access to a wealth of educational materials and resources on public speaking, listening skills, meeting protocol, the use of technology in presentations, and effective communication in conferences and meetings.
- ▶ A free subscription to the *Toastmaster*, a monthly magazine that provides insights on communication, leadership, club activities and other relevant topics.

SHARE THE BENEFITS YOU GAIN BY

- ▶ Assisting fellow members in developing their communication and leadership skills while you develop your own.
- ▶ Helping your group maintain the Toastmasters standard of excellence in all projects and programs.
- ▶ Providing leadership in your club, whether performing meeting roles, assisting on committees or serving as an officer.
- ▶ Telling other people about the value of Toastmasters and inviting guests to club meetings.
- ▶ Representing the Toastmasters brand in everyday business, social and community situations.
- ▶ Making the Toastmasters experience – for yourself as well as others – as enjoyable and worthwhile as possible!

TOASTMASTERS INTERNATIONAL

P.O. Box 9052 • Mission Viejo, CA 92690 • USA • Phone: +1 949-858-8255 • Fax: +1 949-858-1207

www.toastmasters.org



About Toastmasters International

Toastmasters International is a nonprofit educational organization that teaches public speaking and leadership skills through a worldwide network of clubs. Headquartered in Rancho Santa Margarita, California, the organization's membership exceeds 332,000 in more than 15,400 clubs in 135 countries. Since 1924, Toastmasters International has helped people of all backgrounds build confidence as speakers and leaders.



Better Speakers and Leaders

Toastmasters is the best way for anyone — whether a working professional, student, stay-at-home parent or retiree — to improve his or her communication and leadership skills. Members overcome the fear of public speaking and learn skills that aid them in becoming more successful. Toastmasters creates better listeners and stronger team members and leaders who can comfortably give and receive constructive evaluations.

Joining Toastmasters

Joining a Toastmasters club is easy. A listing of clubs by geographic area can be located on the Toastmasters website at www.toastmasters.org/find. Visitors to the website can select the most convenient club, attend a meeting and apply for membership. (Applicants must be 18 or older.) New clubs can be started with permission and assistance from Toastmasters International.

Linda Lingle

Former Governor of Hawaii

"Toastmasters is the best and least expensive personal improvement class you can go to. Anybody who begins and sticks with it for any length of time ends up a better speaker. As a result, they build confidence and are able to do their jobs better."



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All About TOASTMASTERS



WHERE LEADERS
ARE MADE

How Toastmasters Works

At Toastmasters, members learn by speaking to groups and working with others in a supportive environment. A typical Toastmasters club is made up of 20 to 30 people who meet once a week for approximately an hour. Each meeting gives members several opportunities:

► Conduct meetings

Members learn how to plan and conduct meetings.

► Give impromptu speeches

Members present one- to two-minute, impromptu speeches about assigned topics.

► Present prepared speeches

Two or more members present speeches based on projects from manuals in Toastmasters' proven communication and leadership programs. Projects cover topics such as speech organization, vocal variety, language, gestures and persuasion.

► Offer constructive evaluation

Every speaker is assigned an evaluator who points out speech strengths and offers suggestions for improvement.

Toastmasters Tools

Upon joining a Toastmasters club, each new member receives manuals and resources about how to become a better speaker and a more confident leader. Members also have access to a wide variety of books and educational resources. In addition, they receive the award-winning *Toastmaster*, a monthly magazine that offers the latest insights about speaking and leadership techniques.

**With
Toastmasters,
the potential
is unlimited.**

Toastmasters and Leadership

Leadership takes practice. In Toastmasters, members learn leadership skills by organizing and conducting meetings and completing projects in manuals. Projects address skills such as listening, planning, motivating, and team building and give members the opportunity to practice them. Just as Toastmasters members improve communication by speaking, they learn leadership skills by leading.

Company Benefits

A company's success depends on communication. Employees interact with their colleagues and customers to exchange ideas, messages and information. How well they communicate and share their ideas can determine whether a company grows into an industry leader or is mired in mediocrity. At a very reasonable cost,

Toastmasters teaches employees to become better presenters and leaders:

- Give better sales presentations
- Hone their management skills
- Work better with fellow employees
- Develop and present ideas more effectively
- Offer constructive criticism
- Accept feedback more objectively

Toastmasters produces results. Around the world more than four million men and women of all ages and occupations have benefited from Toastmasters training. Thousands of corporations, community groups, universities, associations and government agencies currently use Toastmasters training.

Community Benefits

Toastmasters helps many members in their community-service activities. Using the skills developed in Toastmasters, members have become more active in business, church, service and charity organizations. Toastmasters are able to organize activities, conduct meetings and speak in public as their organizations' representatives. Some even become active in local, state or national government.



FORMER TOASTMASTERS

and what
they say
about us

Ceree Eberly

Chief People Officer
The Coca-Cola Company

"In my role as the Chief People Officer for The Coca-Cola Company, I see a great value in Toastmasters International's proven programs for developing great communicators and influential leaders."

Linda Lingle

Former Governor of Hawaii

"Toastmasters is the best and least expensive personal improvement class you can go to. Anybody who begins and sticks with it for any length of time ends up a better speaker. As a result, they build confidence, and are able to do their jobs better."

Byron Embry

CEO and founder of Closing Remarks, LLC;
professional speaker and former baseball player

"Baseball gave me the confidence to stand in front of huge crowds. Toastmasters afforded me the confidence to speak to those crowds."

Chris Matthews

Host of MSNBC's *Hardball with Chris Matthews* and *The Chris Matthews Show*;
author and journalist

"Toastmasters changed my life. They really did. Put me on the stage. I don't know what I would have done without that positive boost."

Find the right words, and
your audience will find you!



Become the speaker and
leader you want to be.

CONFIDENCE.
THE VOICE
OF LEADERSHIP.

WHERE LEADERS
ARE MADE



OUR MISSION

to help
you shape
your future

Since 1924, Toastmasters International has helped millions of men and women become more confident in front of an audience. Our network of clubs and their learn-by-doing program are sure to help you become a better speaker and leader. Why pay thousands of dollars for a seminar when you can join a Toastmasters club for a fraction of the cost and have fun in the process?

BETTER COMMUNICATION

Your best ideas deserve your best words.

By learning to effectively formulate, express and sell your ideas to others, you open a whole new world of career possibilities. You'll be more persuasive and confident when giving presentations. You'll even improve your one-on-one interactions with others. Want to be better at negotiating your salary with your boss? Networking at business functions? Pitching prospective clients? Motivating coworkers – or your kids?

Toastmasters can help!

Even experienced speakers can benefit from our proven training programs. In a Toastmasters club, you'll learn to relax, plan and present a terrific speech – whether you have 10 days to prepare or just 10 seconds. You'll learn to listen effectively, think on your feet and speak confidently in a wide range of situations. Best of all, you'll practice in a friendly, supportive environment with people who are there for the same reasons you are – to become better communicators and leaders.

CREATING LEADERS

Good leaders are good communicators.

Leadership is the art of persuading others to do what you wish to be done. To do so, you need to communicate and you need to work as a team. In a Toastmasters club, you'll do both; and you'll find out how to vary your approach to suit the needs of different people, whether they're the audience for a speech or the committee for a fundraiser. Whatever goals you wish to achieve in life, they will be realized quicker and easier by improving your ability to lead.

What's in it for you?

Confident, charismatic leaders weren't born that way. In Toastmasters you'll gain the practice to become the leader and speaker you want to be. Become a better negotiator. Gain trust. Sharpen your management skills. Inspire your team. Be decisive!



JOINING A CLUB IS EASY!

With more than 332,000 memberships in over 15,400 clubs in 135 countries, you're sure to find a club near you. For a list of clubs in your area, simply visit www.toastmasters.org or email us at tminfo@toastmasters.org. Each club has its own personality. Visit several clubs to find one that best matches yours!

Local contact information:

THE WORD IS OUT

what others
say about us

Ceree Eberly

Chief People Officer
The Coca-Cola Company

"In my role as the Chief People Officer for The Coca-Cola Company, I see a great value in Toastmasters International's proven programs for developing great communicators and influential leaders."

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Marilyn vos Savant

Guinness World Record Holder for "highest IQ" and syndicated columnist for Parade magazine. She recommends Toastmasters to a woman asking for advice on how to be less introverted:

"I suggest joining your local Toastmasters club, an international organization best known for helping people become better speakers. But in fact, membership has far more benefits than just that one. You will find yourself in the company of all sorts of people, some of them just like yourself. With the aid of this group, you'll learn how to become comfortable with people and eventually enjoy the very interaction you now dread."

Find the right words, and
your audience will find you!



Shape your words
and your future.

FIND
YOUR VOICE.

WHERE LEADERS
ARE MADE



TOASTMASTERS

give voice
to your
potential

THE PROVEN WAY TO BECOME A BETTER SPEAKER

What's in it for you?

Toastmasters will give you the skills and confidence you need to effectively express yourself in any situation. Whether you are a professional, student, stay-at-home parent or retiree, Toastmasters is the most efficient, enjoyable and affordable way of gaining great communication skills. By learning to effectively formulate and express your ideas, you open an entirely new world of possibilities. You'll be more persuasive and confident when giving presentations, and you'll improve your one-on-one dealings with others.

How does it work?

Everyone in a Toastmasters meeting was once at the level you are now. The environment is friendly and supportive, and the self-paced program allows you to build confidence with each speaking assignment. And you'll love the applause! Constructive evaluation is the heart of the Toastmasters program. Each time you give a prepared speech, an evaluator will point out strengths and suggest improvements. At first you'll be applauded for your effort; later you'll be applauded for your skill.

Since 1924, Toastmasters International has helped millions of men and women become more confident in front of an audience. Our network of clubs and their learn-by-doing program are sure to help you become a better speaker and leader. Why pay thousands of dollars for a seminar when you can join a Toastmasters club for a fraction of the cost and have fun in the process?

CREATING LEADERS

Leaders are good communicators.

Leadership is the art of persuading others to do what you wish to be done. To do so, you need to communicate and you need to work as a team. In Toastmasters, you'll do both. And you'll find out how to vary your approach to suit the needs of different people, be they the audience for a speech, the committee for a fundraiser or the members of your family.

Don't delay!

Become the speaker and leader you want to be. Confident, charismatic leaders weren't born that way. As you progress in Toastmasters, you'll get to practice your skills by organizing and conducting meetings and motivating others to help you. Become a better negotiator. Gain trust. Sharpen your management skills. Inspire your team. Be decisive!



VISIT A MEETING TODAY!

You won't regret it. With more than 332,000 memberships in over 15,400 clubs in 135 countries, you're sure to find a club near you. For a list of meeting locations in your area, simply visit www.toastmasters.org or email us at tinfo@toastmasters.org. Each group has its own personality. So check out a few to find one that best matches yours!

Local contact information:



CLUBS WITHIN DISTRICTS MEMBERSHIP APPLICATION

For faster service, add and pay for your new members online at www.toastmasters.org/members

Club Number: _____ District Number: _____

Club Name: _____ City: _____

Membership Type: New Reinstated (break in membership) Renewing (no break in membership) Dual

Transfer from club number /name _____ / _____ Member Number (if known) _____

Last Name / Surname First Name Middle Name Female Male

Other Address Information (Company Name, Mail Stop, Floor/Building Number)

Address Line 1 (The monthly *Toastmaster* magazine will be sent to this address) (Limit 35 characters)

Address Line 2 (Limit 35 characters)

City State/Province Country ZIP/Postal Code

Home Phone Mobile Phone Work Phone

Email Address

Please do not send promotions to me from Toastmasters International's partners.

1. NEW MEMBER FEE U.S. \$20.00 \$ _____

Paid only by new members. Covers costs of the New Member Kit and processing.

1a. California clubs add 8% sales tax (\$1.60) \$ _____

2. Membership Dues (all members) Begin Date _____

Pro-rated at \$6.00 per month.

Month/Year

October	or	April	U.S. \$36.00	\$ _____
November	or	May	30.00	
December	or	June	24.00	
January	or	July	18.00	
February	or	August	12.00	
March	or	September	6.00	

3. Total of 1, 1a, and 2 \$ _____

PAYMENT INFORMATION Choose one:

Check or money order in U.S. funds drawn on a U.S. bank, or credit card payment, must be included.

Line 3 is the amount payable to Toastmasters International.

Note: Your club may also charge dues to meet club expenses. Unfortunately, WHQ is unable to charge club dues on the credit card submitted. Club dues must be paid directly to the club.

Dues and fees are payable in advance and are not refundable or transferable.

Check: No. _____ Amount \$ _____

Credit Card: MasterCard Visa AMEX Discover

Card No. _____ Exp. Date _____

Signature / Name on Card _____

Other _____

New Member Kit preference:

English
Arabic
Simplified Chinese
Traditional Chinese
French
German
Japanese
Spanish
Visually Impaired
Accessible (English only)

Selected materials in the new member kit are available in English only.

Club Dues Worksheet FOR CLUB USE ONLY

International fees and dues: \$ _____
(from Line 3 on left)

Club New Member Fee: _____

Club Dues: _____

Total: \$ _____

New / Reinstated / Dual Member Sponsor: The person who recruited and/or encouraged the member to join.

Last Name / Surname	First Name	Middle Name
Sponsor's District Number	Sponsor's Home Club Number	Member Number (if known)

NOTE: TO ENSURE PROPER CREDIT, THE SPONSOR'S FULL FIRST AND LAST NAME AND HOME CLUB NUMBER MUST APPEAR.

Member's Agreement and Release:

Consistent with my desire to take personal responsibility for my conduct, individually and as a member of a Toastmasters club, I agree to abide by the principles contained in "A Toastmaster's Promise" and the governing documents and policies of Toastmasters International and my club. I will refrain from any form of discrimination, harassment, derogatory, illegal, or unethical conduct, and I understand that if I engage in such conduct, I agree to reimburse Toastmasters International, my club or other clubs, or other individuals involved with Toastmasters, for any damages, losses, or costs resulting from my conduct. Understanding that Toastmasters programs are conducted by volunteers who cannot be effectively screened or supervised by Toastmasters International or its clubs, I release and discharge Toastmasters International, its clubs, governing bodies, officers, employees, agents, and representatives from any liability for the intentional or negligent acts or omissions of any member or officer of my club or other clubs, or any officer of Toastmasters International.

By submitting this application, I agree to the collection, use and processing of the personal information I provide to Toastmasters in this Membership Application for the purposes of organization administration, payment of my dues, and inclusion of my contact information in a members' directory that will be distributed to members and employees of Toastmasters. By submitting my personal information to Toastmasters, I also agree that my information may be accessed and used by Toastmasters and its employees and agents. I agree to notify addresschanges@toastmasters.org of any change to my personal information, including making any requests to check, delete or correct my personal information, so that it is accurate and current. I understand that the majority of the data requested in this application is necessary for administrative and planning purposes, and that the failure to provide this information may prevent my application from being properly processed or inclusion of my contact information in the members' directory.

A Toastmaster's Promise

As a member of Toastmasters International and my club, I promise

- ▶ To attend club meetings regularly
- ▶ To prepare all of my speech and leadership projects to the best of my ability, basing them on projects in the *Competent Communication*, *Advanced Communication* or *Competent Leadership* manuals
- ▶ To prepare for and fulfill meeting assignments
- ▶ To provide fellow members with helpful, constructive evaluations
- ▶ To help the club maintain the positive, friendly environment necessary for all members to learn and grow
- ▶ To serve my club as an officer when called upon to do so
- ▶ To treat my fellow club members and our guests with respect and courtesy
- ▶ To bring guests to club meetings so they can see the benefits Toastmasters membership offers
- ▶ To adhere to the guidelines and rules for all Toastmasters educational and recognition programs
- ▶ To maintain honest and highly ethical standards during the conduct of all Toastmasters activities

I confirm that a completed new member application for this member is on file with the club and will be retained by the club. The application contains both the signature of the new member and the signature of a club officer. Questions should be directed to the **Membership department: membership@toastmasters.org**.

By my signature below, I agree to the terms of **A Toastmaster's Promise**, and the **Member's Agreement and Release** stated above, and certify that I am 18 years of age or older, in compliance with the Toastmasters International Club Constitution.

I acknowledge that my electronic signature on this document is legally equivalent to my hand-written signature.

Signed: _____
APPLICANT

By my signature below, I certify that this individual has joined the Toastmasters club identified. As a club, we will ensure that this member receives proper orientation and mentoring.

I acknowledge that my electronic signature on this document is legally equivalent to my hand-written signature.

Signed: _____
CLUB OFFICER

In order for this application to be valid both signatures are required.

CLUB OFFICER – Please keep a copy for your club's records. If paying online, go to **www.toastmasters.org/members**, and log in. If mailing, send to: Membership, Toastmasters International, P.O. Box 9052, Mission Viejo, CA 92690 USA. If faxing, send to: 949-858-1207.

Note: Please submit information via one method only to avoid duplication. For fastest results, enter new members online.

NORTH ENTRANCE

SW WALKER ROAD

1

THOMAS PAINE RD

DEL HAYES WAY

WHQ NORTH

THE PARK

MIA HAMM

PETE SAMPRAS

KEN GRIFFEY JR.

NIKE SPORTS CENTER

JERRY RICE

TIGER WOODS CENTER

SOUTH CAMPUS CHILD DEVELOPMENT CENTER

DAN FOUTS

ALBERTO SALAZAR

STEVE PREFONTAINE HALL

SW BOWERMAN DR

JOHN MCENROE

JAY STREET 2

JAY STREET 1

NOLAN SCHMIDT RYAN

MIKE SCHMIDT

MICHAEL JORDAN

JOAN BENOIT-SAMUELSON

BO JACKSON SPORTS CENTER

WHQ SOUTH

MICHAEL JOHNSON TRACK

DREAM 6

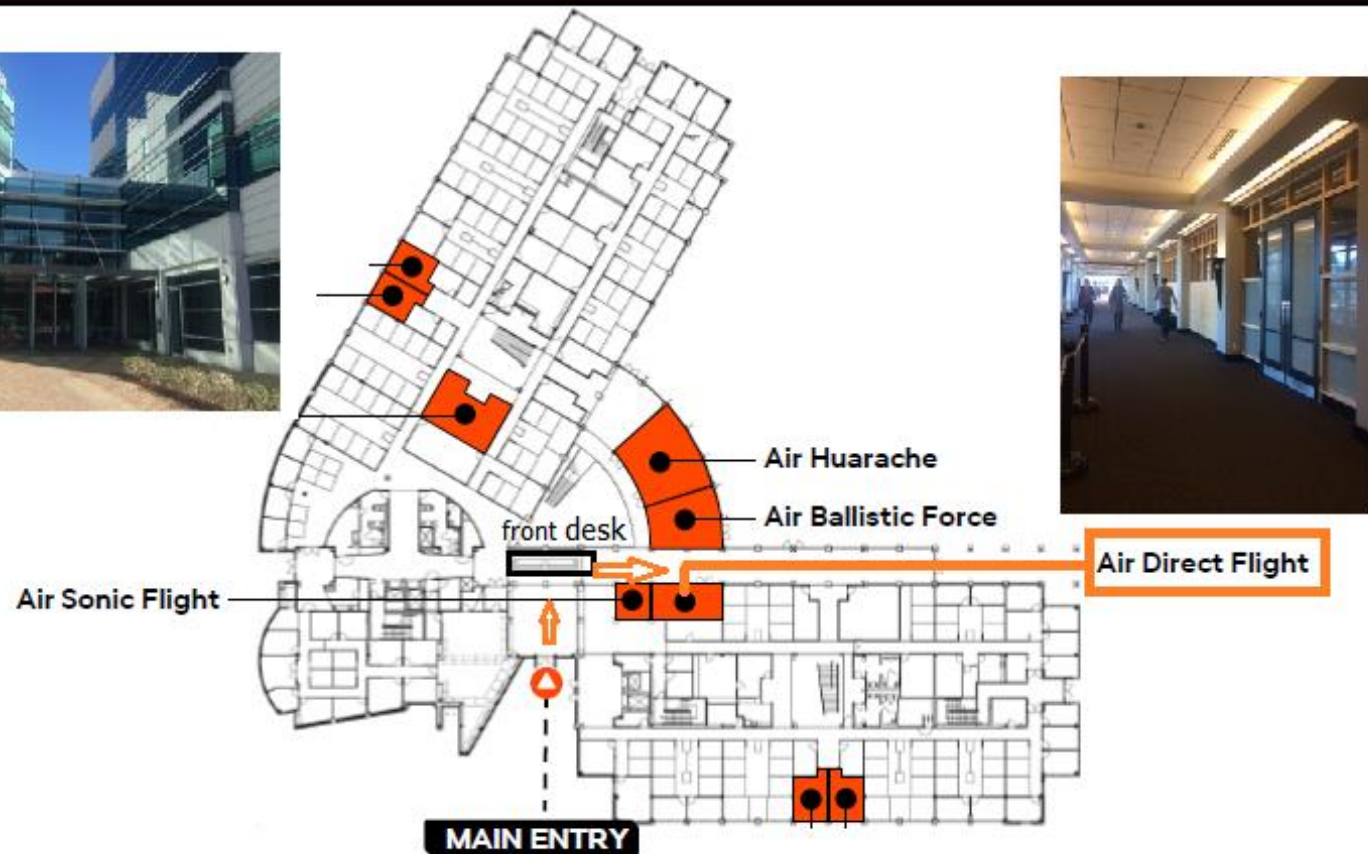
SW JENKINS ROAD

SW MURRAY RD

MAIN ENTRANCE

SW MURRAY RD

NOLAN RYAN – FLOOR 1



NIKE SW JAY STREET ENTRANCE

