



International
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Timberline Newsletter

District 7 Toastmasters

March 2006

Serving most of Oregon, Southern Washington and Northern California

Your source for news in District 7

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Come Alive With Toastmasters

Carole Petranek, DTM
District 7 Governor

Fellow Toastmasters:

You're doing everything right! I just received the District Performance Summary for January and our number of new members exceeds 100. That's where we want it. Kudos to those of you who are experiencing the benefits of successful open houses, speech crafts and membership contests.

Check out your club's statistics at this website: <http://toastmasters.org/dpr/reports.asp?d=7>

There is a lot of information that Toastmasters International has about your club, your area and your division.

You can also see your name in print if you have turned in your educational award. Click on the member's header and the page will sort alphabetically by member. What fun to use technology that way.

If you would like to nominate someone for a division governor, there will be forms available at the district meeting. You can check online at the www.d7toastmasters.org website for a lot of information. Rick Clements, our webmaster, is doing an outstanding job getting data on our website for all to share.

I hope you are all learning, enjoying and having fun at your club meetings, as you **come alive with toastmasters** this year.

The Mission of the District

The mission of the District is to enhance the performance and extend the network of Clubs, thereby offering greater numbers of people the opportunity to benefit from the Toastmasters educational program by:

- Focusing on the critical success factors as specified by the District educational and membership goals.
- Insuring that each Club effectively fulfills its responsibilities to its members.
- Providing effective training and leadership opportunities for Club and District Officers.

HAPPY NEW YEAR DISTRICT 7

Marsha Ware
Lt. Gov Marketing

WOW! Things are happening all over our district. Our D7 family is growing and we are about to become proud parents! Clubs that are forming are, West Coast Bank, Holiday Retirement, Portland Progressive, Entrepreneurial Sprit, IBM, Author's club, Invitrogen, Lake View, Crescent City and several are in the planning stages. There is information on the district website, www.d7toastmasters.org or contact me. If you have an idea for a new club, let me know!

How is your membership doing? I hope all your clubs are having open houses. If your club does have one and there are new members, please let me know. If an individual member sponsors 5 new members, let me know. I have lots of rewards, from conference registrations, to the new leadership manual and District dollars. Keep up the great work to make our District stronger.

Besides Open houses how are you publicizing Toastmasters and your club? Have you used the D7 website to let others know of your club and the great events that are happening there? Every newspaper in Oregon has a free section for announcements. I have a listing of all of them for you. Business cards are easy to make. The TI website has free ones, just fill in the blanks and print. Extra TM magazines with your club card on them can be placed at doctor's offices, your office lunchroom, etc. Check out the district and the TI website for more great ideas on publicizing your club.

I recently read a fantastic newsletter from District 62 in Michigan. It was great to read about TM's in other areas and what is going on there. Another way to get new ideas on membership is by going online to other districts and see what is happening. You can access this thru the TM site. It has given me insight to what other districts are going thru and also their successes! Check it out.

Remember next month is dues month. **There are no excuses** for not turning in at least six members by March 31st. The balance of the clubs dues can be sent in later. It is a breeze to do it online on the TI site, but if you have to send it in, PLEASE send it with a tracking number. If anyone needs any help with sending dues in, let me know.

Don't forget the exciting monthly district meetings. Try to bring a guest and other TM's, especially new TM's. They are fun, informative and it's great to see fellow TM's. The Spring Conference is just around the corner in May. Plan to attend in Longview for an exciting time. A great bargain for so much and a great way to promote Toastmasters and your clubs.

Keep up the great work with the Open houses and let me know those successes! Remember I have rewards!!! Congratulations to those who have and let me know, WRIP City, Toasting Excellence, Lake Oswego, Daylighters and Mind Openers.

One very important point I would like to close with. Please pass any information from our flyers, website, Timberlines, district meetings and conferences to EVERY member of EVERY club. It is important that we all know what is happening around our great district. Thank you for your help with this. I look forward to seeing you all soon!

“Be Distinguished Through Contests”

Mark Scholz
Willamette Division Governor

Imagine a broad field of yellow tulips stretching across the Oregon horizon. Standing out prominently is a single red bulb. You may ask, “What is it that makes this one tulip stand out from all the rest? What distinguishes it from all the other tulips around it?”

Within Toastmasters, contests are an excellent way of distinguishing ourselves from other members around us.

As a competitor, you are exposed to new audiences outside your club. You are in a fantastic position to observe and absorb new communication techniques from other Toastmasters. Competition can push you beyond your perceived boundaries to discover new talents. Finally, contests give you the opportunity to represent your club at the Area, Division, and District levels, where both the competition and education are unsurpassed.

If not a competitor, consider being a judge, vote counter, timer, or even an audience member. Much as a club needs both officers and members to thrive, a contest requires both contestants and an audience. When motivated competitors are paired to an enthusiastic audience, the results can be amazing.

Remember, the greater your participation in Toastmasters, the more apparent your skills will become, and the faster your abilities will grow. In the competitive environment of the International Speech and Evaluation contests, you may find that your potential is as vast as that field of yellow tulips, while your communication abilities are as prominent as that single red flower.

What is it that distinguishes you from those around you?

Be Distinguished!!

Resources

In the Toastmasters Magazine a few months back they had an article that listed resources that you could use to help research for your speeches. A couple of my favorites are www.m-w.com This is for the Merriam-Webster Dictionary web site. Great for finding words for the day. The other site is www.refdesk.com. This site contains a tremendous amount of resources that you can access. You can also check out the following: www.wordsmith.org, www.verbalenergy.com, <http://www.startingpage.com/> www.realage.com, www.motivational-inspirational-corner.com, www.3m.com, www.robertsrules.com, www.pbs.org, www.loc.gov, www.fedworld.com, www.toastmasters.org, www.speakemetnews.com, www.t.mailcom, www.allshakespeare.com, www.allspirit.co.uk, www.comedy-zone.net.

If you have other sites that you would like to share please send them to Editor@d7toastmaster.org. I will be glad to post them.

Resources

Candidate's Corner

By Darrell Gulstrom

Timberlines Editor

As you know, Randy Harvey and Mark Scholz are running for Lt. Governor of Marketing. We will be voting for these candidates at the Spring Conference. I have invited Randy and Mark to write an article as to why they are running. This is your chance to get to know these very excellent candidates.

Randy Harvey

Find Your Voice and Make a Difference

Randy J. Harvey, DTM, WCPS 2004

Toastmasters International is about people. We are a helping, encouraging and supportive organization whose mission is to "*find our voice, and change our world!*" The international motto as espoused by our current International President Dylip Abyseccara has personal significance to me and my family. In May 2003 my daughter Jessica Houser and I were looking for an adventure that we could do together. We joined the Sunday Speakers on May 10, 2003, and the rest as they say is history. When I won the 2004 World Championship of Public Speaking, I was President of a newly chartered club, "Sherwood Towne Criers," and Jessica was President of Sunday Speakers. Since winning the championship and returning to the District I have sought to serve in club, area and division leadership positions to help grow the organization. I have spent countless hours volunteering my time to coach competitive speakers and raise funds for our prison clubs. My travels as a world champion allowed me the opportunity to see programs and processes utilized in the top rated districts in the world. I have been collecting those ideas and tools for the last two years in anticipation of running for the Lt. Governor of Marketing position and serving our wonderful district.

As World Champion of Public Speaking 2004 I continually fundraise for the Toastmaster Prison Clubs in our own District and in Districts in the United States and Canada. My philosophy developed from what my Mama told me when I was in the seventh grade, "Don't settle for greatness. Great men seek their own interests and the accolades of others; but, immortals seek to stir the spirit, strengthen the soul and stand up for those who can't stand up for themselves." My Mama was right then and her words are true today as well. District 7 has the potential to become Immortal because it has so many immortal individuals who have changed my life and the lives of so many of my friends. If we will commit to the success of our fellow Toastmasters there is no limit to what we can accomplish.

I have taken every opportunity to travel in our District and in our organization to build the organization at the club, area, division and district levels. I am an experienced marketer, educator and manager and hope to bring those skills to serve District 7. I ask for your vote for Lt. Governor of Marketing and your commitment to work with me to bring the best of our organization to the forefront in each of our communities. Lets grow in 2006-2007 personally, professionally and as a world class organization. I promise to do my part with your support.

Mark Scholz

Mark Scholz

Willamette Division Governor

My name is Mark Scholz, and I am running for Lt. Governor of Marketing for District Seven. I believe that the strength of an organization is measured by the effectiveness of its leadership. As your Lt. Governor of Marketing for 2006-2007, I would be a strong and effective leader, working closely with my fellow District officers to strengthen club membership and satisfy the Mission of the District.

I bring a lifetime of leadership experience and training, with a proven track record of accomplishment and success. I began my journey in Toastmasters in September of 2001 by joining Wallmasters. By 2003, I was president of Wallmasters, where I presided over TWO of our SIX consecutive years as a President's Distinguished club. Following that, I assumed the role of Area 94 Governor, where the Area was one of only two Select Distinguished Areas in the District. I was honored to receive the Area Governor of the Year award. Now as the Willamette Division Governor, I have challenged each of my four Area Governors to similarly be distinguished. Currently we are on track to be a Select Distinguished Division.

Along this journey, I have spoken to many of you, together sharing ideas and inspiration. As your Lt. Governor of Marketing, I will strive to convert these ideas into practice, improving on our already strong foundation. I have plans to highlight the benefits of the revised Leadership Track developed by Toastmasters, helping clubs implement new methods for member recruitment and retention. I will seek to identify business and civic groups as potential locations for new clubs. And I will work to enhance the communication between the District and individual clubs through the Area and Division Governors, making district resources available.

Fellow Toastmasters, I have a proven track record of leadership success and accomplishments. I am committed to the achievement of members and their clubs in meeting their goals in Toastmasters. Therefore I ask you to "Make your MARK" by voting for me as Lt. Governor at the Spring Conference on May 13th.

Be Distinguished!

Timberlines Newsletter

A new year and new goals to meet. As local clubs meet their Distinguished Club Award so we at the District level have goals we must meet to receive our Distinguished District Award. Did you know you could help us do that? Your success is our success and we want each one of you to succeed in your goals as individuals and as clubs. Success Stories are one way to let others know how Toastmasters has helped you. We will publish those stories as we have room.

Please submit your success stories to Darrell. Send your email to Editor@d7toastmaster.org. Consider how you used Toastmaster tools to improve your speaking and leadership skills, or club atmosphere. Please send your story by email to Carol. Paste the information in an email, or attach a Microsoft® Word document. If you have associated electronic pictures, send those too.

Getting the newsletter: *Timberlines* is posted on the website at:

http://d7toastmasters.org/Timberlines_Newsletter.pdf.

Remember, publishing the *Timberlines Newsletter* is a **group venture**.

District 7

Send in your
success stories

Editor's Note

By Darrell Gulstrom